

CURRICULUM VITAE



NAME Akbar Husain
DATE OF BIRTH 25-06-1957
DESIGNATION Professor
ORGANIZATION AFFILIATION Department of Psychology
Aligarh Muslim University,
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H. No. 4/1193 Sir Syed Nagar, P.O. Dodhpur
ALIGARH - 202002, INDIA

ACADEMIC QUALIFICATIONS

EXAMINATION PASSED	NAME OF UNIV.	SUBJECTS OFFERED Discipline	YEAR	DIVISION
D. Litt.	A.M.U.	Spiritual Psychology	2015	-
Ph.D.	A.M.U.	Psychology	1981	-
M.Phil.	A.M.U.	Psychology	1980	-
M.A.	A.M.U.	Psychology	1978	First
B.A. (Hons.)	A.M.U.	Psychology, Economics Statistics, English	1976	First

Title of D. Litt.: Explorations and Applications of Spirituality in Psychology.

Title of Ph.D. Thesis: Interpersonal Attraction as a Function of Perceived Similarity – Dissimilarity and Interpersonal Congruency in relation to certain Social and Personality variables.

Title of M. Phil Dissertation: Physical and Social Determinants of Interpersonal Attraction

FIELDS OF SPECIALIZATION:

- Applied Personality and Social Psychology
- Clinical-Health Psychology
- Spiritual & Positive Psychology
- Counseling Psychology
- Psychological Assessment
- Islamic & Sufi Psychology

WORK EXPERIENCE

S. No.	Designation	From	To	Nature of duties	Name and Address of Employer
1.	Dean	June 26, 2018	June 25, 2020	Administration	Aligarh Muslim University, Aligarh
2.	Professor	January 1, 2010	Till date	Teaching & Research	Aligarh Muslim University, Aligarh
3.	Professor	November 28, 2005	December 31, 2009	Teaching & Research	University of Malaya, Malaysia
4.	Professor	December 1, 2004	November 27, 2005	Teaching & Research	Aligarh Muslim University, Aligarh
5.	Professor in Educational Psychology	October 2003	November 2004	Teaching , Research, Planning & Development	Eritrea Institute of Technology, Mainefhi, Asmara, Eritrea
6.	Professor in Psychology	April 1998	October 2003	Teaching & Research	Aligarh Muslim University, Aligarh
7.	Reader in Psychology	June 1989	April 1998	Teaching & Research	Aligarh Muslim University, Aligarh
8.	Lecturer in Psychology	December 1980	June 1989	Teaching & Research	Aligarh Muslim University, Aligarh

Teaching Experience: 40 years

Administrative Experience:

- Head, Psychology Unit/Department
- Head, History Unit/Department
- Head, Sociology Unit/Department
- Programme Head, Humanities and Arts
Eritrea Institute of Technology, Mainefhi, Asmara, Eritrea
- Chairman, Department of Psychology, Aligarh Muslim University, Aligarh.
- Dean, Faculty of Social Sciences, Aligarh Muslim University, Aligarh.

Coordinator: UGC-SAP (DRS Phase-1) 2012-2017

Coordinator, PG Diploma in Guidance and Counselling, Centre for Distance Education, AMU. (2014-2020)

Training Placement Officer: Department of Psychology, AMU.

Member, Board of Management, Centre for Distance Education under the provisions of Clause (xi) of Chapter XXXI of the Ordinances (Executive) August 27, 2016-2018.

Director, Centre for Internal Quality Assessment, Centre for Distance Education, AMU.

Deputy Counsellor, Students' Counselling Centre, AMU. (28-11-2017 to – 09-2019)

Coordinator, Students' Counselling Centre, AMU (to 29-10-2019)

Member, Committee for Centre for Distance Education to Draft the Accreditation of AMU as per Dual Mode Performa of NAAC (Office Memo of Joint Registrar, D. No. 398/IQAC, Dated: 03-01-2020).

BOOKS PUBLISHED

- 2021 Usmani, G., Hasan, A., Husain, A., & Shaikh, A. A. **Psychosocial and Economic Aspects of Covid-19**. New Delhi: Research India Press. ISBN: 978-93-5171-182-7
- 2021 Husain, A., Khan, A., Kirmani, M. N., & Khatoon, Z. (2021). **Psychological Perspectives in Islam and Sufism**. New Delhi: Global Vision Publishing House. ISBN: 978-81-.947716-6-1.
- 2020 Husain, A., Javed, S., Hasan, A., Nazam, F., Anas, M., & Qayoom, S. **Coronavirus Pandemic: Effects, Prevention and Management**. New Delhi: The Readers Paradise. ISBN: 978-93-85958-00-0
- 2020 Husain, A., & Hasan, A. **Psychology of Meditation. A Practical Guide to Self-Discovery**. New Delhi: Psycho Information Technologies. ISBN: 978-81-939227-6-7
- 2019 Husain, A., & Singh, R. **Spirituality in Practice**. New Delhi: The Readers Paradise. ISBN: 978-93-85958-17-5
- 2018 Husain, A., Nazam, F., & Khatoon, Z. **Manual Islamic Counselling**. New Delhi: Global Vision Publishing House. ISBN: 978-93-.86603-47-0.
- 2018 Husain, A. **Applied Islamic Psychology: A Fresh Interpretation**. New Delhi: Global Vision Publishing House. ISBN: 978-93-.86603-40-1.
- 2018 Husain, A., & Nazam, F. **Applied Positive Psychology**. New Delhi: Research India Press. ISBN: 978-93-5171-120-9.
- 2017 Husain, A., & Maqbool, S. **New Directions in Spiritual Psychology**. New Delhi: Global Vision Publishing House. ISBN: 978-81-.8220-802-5.
- 2017 Husain, A. (Ed.). **Contemporary Trends in Islamic Psychology**. Hyderabad: Centre for Study and Research. ISBN: 935258909-2.
- 2016 Husain, A., Hilal, H., & Anas, M. (Eds.). **Annotated Bibliography: Spiritual Psychology in India**. Hisar, Haryana: Indian Association of Health, Research and Welfare. ISBN: 978-81-920053-9-4.
- 2015 Husain, A., Khan, A., Khan, S.R., Hamdan, A. R., Ahmad, R., & Mustafa, M. S. **Advances in Applied Psychology and Education**. New Delhi: Research India Press. ISBN: 978-93-5171-004-2
- 2014 Husain, A., & Khan, S. **Applied Spirituality: Theory, Research and Practice**. New Delhi: Global Vision Publishing House. ISBN: 978-81-8220- 632-8.

- 2014 Husain, A., Kaneez, S., & Jahan, M. (Eds.). **Studies in Spiritual Psychology**. New Delhi: Research India Press. ISBN: 978-81-89131-88-3.
- 2013 Husain, A., Beg, M. A. & Dwivedi, C. B. **Psychology of Humanity and Spirituality**. New Delhi: Research India Press. ISBN: 978-81-89131-79-1.
- 2012 Husain, A. (C.E) **Social Psychology**. New Delhi: Pearson. ISBN: 978-81-317-6000-0.
- 2012 Husain, A. (C.E) **Psychological Testing**. New Delhi: Pearson. ISBN: 978-81-317-7023-8.
- 2012 Husain, A. & Khatoun, N. (Eds.) **Understanding Spirituality**. New Delhi: Research India Press. ISBN: 978-81-89131-63-0.
- 2011 Husain, A. **Spirituality and Holistic Health: A Psychological Perspective**. New Delhi: Prasad Psycho Corporation. ISBN: 978-81-909923-3-6.
- 2011 Husain, A., Palaniappan, A. K., Nor, M. M., Jamaluddin, S., Cheong, L. S., and Khan, A. (Eds.). **Studies in Applied Psychology: Asian Perspective**. New Delhi: Research India Press. ISBN: 978-81-89131-44-9.
- 2011 Husain, A. and Saeeduzzafar **Spiritual Virtues and Human Development**. New Delhi: Global Vision Publishing House. ISBN: 978-81-8220-436-2.
- 2010 Husain, A. and N. Idris (Eds.) **Dimensions of Education**. New Delhi: Gyan Publishing House. ISBN: 978-81-212-1031-7.
- 2010 Husain, A. (Ed.) **Explorations in Human Spirituality**. New Delhi: Global Vision Publishing House. ISBN: 978-81-8220-316-7.
- 2009 Husain, A. (Ed.) **Twenty-First Century Psychology: Spirituality, Behavior and Wellness**. New Delhi: Global Vision Publishing House. ISBN: 978-81-8220-264.
- 2008 Husain, A., Jamaluddin, S., Hashim, O., Cheong, L.S., Nor, M.M. and Sulaiman, H. (Eds.) **Horizons of Spiritual Psychology**. New Delhi: Global Vision Publishing House. ISBN: 81-8220-278-7.
- 2008 Sharma, N. R., Kalia, A. K. & Husain, A. (Eds.). **Counseling: Theory, Research and Practice**. New Delhi: Global Vision Publishing House. ISBN: 978-81-8220-211-5.
- 2006 Husain, A., & Khan, M.I. (Eds.), **Recent Trends in Human Stress Management**. New Delhi: Global Vision Publishing House. ISBN: 81-8220-125-X.
- 2006 Husain, A. **Islamic Psychology: Emergence of a New Field**. New Delhi: Global Vision Publishing House. ISBN: 81-8220-139-X.

- 2005 Husain, A., Hussain, S., & Khan, M.H.R. (Eds). **Applied Indian Psychology- New Perspectives**. New Delhi: Global Vision Publishing House. ISBN: 81-8220-110-1.
- 2005 Husain, A. **Spiritual Psychology**. New Delhi: Global Vision Publishing House. ISBN 81-8220-095-4.
- 2004 Husain, A., & Rashid,T. (Eds). **Stress Behaviour**. Volume One-Sources and Effects. New Delhi: Friends publications (India). ISBN: 81-7216-089-5.
- 2004 Husain, A., & Rashid,T. (Eds). **Stress Behaviour**. Volume Two-The Coping Strategies. New Delhi: Friends publications (India). ISBN: 81-7216-090-9.
- 2003 Husain, A., & Gulrez, N.K. **Managing Stress – A Practical Guide**. New Delhi: Friends Publications, ISBN: 81-7216-069-0.
- 2003 Husain, A. (Ed). **Positive Psychology**. Volume Three of the Special Series on Psychology For Healthy Living, Aligarh: Aligarh Muslim University.
- 2002 Husain, A. **Spirituality: The Hidden Dimension Discovered**. New Delhi: P.R. Books, ISBN: 81-86618-37-6.
- 2002 Husain, A. (Ed.) **Healthy Ageing**. Volume Two of the Special Series on Psychology For Healthy Living. Aligarh: Aligarh Muslim University.
- 2001 Husain, A. (Ed.) **Stress Research and Stress Management**. Volume One of the Special Series on Psychology for Healthy Living. Aligarh: Aligarh Muslim University.
- 1998 Husain, A., & Kureshi, A. **Dimensions of Interpersonal Attraction**. New Delhi: Gyan Books Pvt. Ltd., ISBN: 81-212-0615-4.
- 1993 Husain, A., & Firdous. **Human Mating Behaviour**. New Delhi: Northern Book Centre, ISBN: 81-7211-055-3.
- 1983 Husain, A. **Interpersonal Attraction: Sources and Levels of Friendship**. Varanasi: Rupa Psychological Centre.

Publications in SCOPUS/Web of Science and International Journals, and Proceedings of International Conference

1. Nazam, F., & Husain, A. (2021). Psychometric revalidation of children's hope scale among Indian adolescents. *Asia Pacific Social Science Review*, 21(1), 188-196. SCOPUS Q2, Impact Factor: .76 ISSN: 0119-8386
2. Nazam, F., & Husain, A. (2020a). Further validation of spiritual values scale. *The New Educational Review*, 61(3), 199-210. ISSN 1732-6729.
3. Hasan, A., Alee, N. T., Javed, R., Zehra, S., Shafaq, L., & Husain, A. (2020b). Mental health problems during COVID-19 pandemic. *Journal of Critical Reviews*, 7(8), 2858-2864. doi:10.31838/jcr.07.08.471
4. Gull, M., Rahman, E., & Husain, A. (2020c). Reliability, Validity and Factor Structure of Values Scale. Sage Submissions. Preprint. <https://doi.org/10.31124/advance.12152541.v1>
5. Gull, M., & Husain, A. (2020d). Reliability, validity and factor structure of religious coping scale. *Iranian Rehabilitation Journal*, 18(3), 1-10.
SCOPUS Q3, Impact Factor: .27 Doi <http://dx.doi.org/10.32598/irj/18.3.942.1>
6. Gull, M., & Husain, A. (2019). Rumination and mental health among parents of differently-abled children. *The New Educational Review*, 56(2), 285-301.
DOI: 10.15804/tner.2019.56.2.23
7. Naz, M., & Husain, A. (2019). Mental health problems of minorities in India, *Think India Journal*, 22(14), 15998-16011. ISSN: 0971-1260
8. Anas, M., & Husain, A. (2018a). Revision of Spiritual Personality Inventory. *Journal of the Indian Academy of Applied Psychology*, 44(2), 288-295.
ISSN 0019-4247.
9. Khan, S., & Husain, A. (2018b). Alienation and social well-being among vitiligo patients. *Singaporean Journal of Social Science*, 1(1), 1-10.
10. Anas, M., Husain, A., Khan, S. M., & Aijaz, A. (2016a). Development and standardization of the gratitude Scale. *Journal of Educational, Health and Community Psychology*, 5(3), 1-14.
11. Nazam, F., & Husain, A. (2016b). Exploring spiritual values among school children. *International Journal of School and Cognitive Psychology*, 3(2), 1-5. ISSN: 2469-9837.
12. Husain, A., Singh, R., Khan, S. M., & Khan, S. (2016c). Psychometrics and standardization of the Hindi adaptation of the daily spiritual experience scale.

Clinical and Experimental Psychology, 2:2, 1-6. <http://dx.doi.org/10.4172-2701.1000117>. ISSN: 2471-2701 CEP.

13. Zehra, S., & Husain, A. (2015). Relationship between spiritual values and psychological capital among university employees. *The New Educational Review*, 39(1), 253-263. ISSN: 1732-6729. Impact Factor: 0.75.
14. Husain, A., Rahman, S., & Khan, A. (2012). Human values – A running commentary based on literary texts. *Man in India*, 92(3-4), 491-504. ISSN: 0025-1569
15. Khan, A., & Husain, A. (2010a). Social support and educational encouragement as the moderators of positive psychological strengths and subjective well-being. *Psychological Reports*, 106(2), 534-538. ISSN: 0033-2941
16. Husain, A., & Khan, A. (2010b). Clarifying spiritual values among organizational development personnel. *African Journal of Business Management*, 4(2), 278-281. ISSN: 1993-8233.
17. Husain, A. (2008a). Spiritual Education: The ideal system of education. Proceeding of the International Conference on Educational Innovation (pp.359-367), Kuala Lumpur: Malaysia.
18. Husain, A. (2008b). What is good for parents for the development of moral behavior of children? The spiritual virtues! *The Preston Journal of Social Sciences*, 1(1), 1-10. ISSN: 0092-91-5845540-1
19. Husain, A. (2006). Mental health of teachers. *Masalah Pendidikan (Issues in Education) JILID 29*, 179-186. ISSN: 0126-5024
20. Husain, A., & Firdous. (1990). Physical factors of mate selection: Testing assortative mating theory. *Psychologia*, 33, 118-122. ISSN: 0033-2852
21. Husain, A., & Kureshi, A. (1983a). Value similarity and friendship: A study of interpersonal attraction. *Psychologia*, XXVI, 167-174. ISSN: 0033-2852
22. Kureshi, A., Husain, A. & Rehman, S. (1983b). Aspiration, deprivation and intelligence: A comparative study of sensory-handicapped children. *The British Journal of Projective Psychology and Personality Study*, 28, 25-29. ISSN: 0309-7757
23. Kureshi, A., & Husain, A. (1982). Socio-economic status difference in patterns of aggression among primary school children: A projective study. *The British Journal of Projective Psychology and Personality Study*, 27, 1-6. ISSN: 0309-7757

24. Kureshi, A., & Husain, A. (1981). Death anxiety and dominance among the Indian and Palestinian students - A cross-cultural comparison. *Japanese Psychological Research*, 23, 55-60. ISSN: 1468-5884

Chapters in Edited Books

1. Husain, A., & Alee, N. T. (2018). Management of elder abuse through social support. In B. V. Prasad and S. Akbar (Eds.) *Handbook of research on geriatric health, treatment, and care* (pp. 81-92). IGI Global Disseminator of Knowledge. DOI: 10.4018/978-1-5225-3480-8.ch005
2. Husain, A. (2017). Anwar Ansari. In B. Bhushan (Ed.). *Eminent Indian Psychologists: 100 Years of Psychology in India*. (Chapter 20, pp. 115-116). New Delhi: Sage Publications India Pvt. Ltd. ISBN 978-93-864-4641-1.
3. Husain, A. (2017). Moazziz Ali Beg. In B. Bhushan (Ed.). *Eminent Indian Psychologists: 100 Years of Psychology in India*. (Chapter 34, pp. 186-187). New Delhi: Sage Publications India Pvt. Ltd. ISBN 978-93-864-4641-1.
4. Husain, A. (2017). Afzal Kureshi. In B. Bhushan (Ed.). *Eminent Indian Psychologists: 100 Years of Psychology in India*. (Chapter 50, pp. 285-286). New Delhi: Sage Publications India Pvt. Ltd. ISBN 978-93-864-4641-1.
5. Husain, A. (2017). Dinyar M. Pestonjee. In B. Bhushan (Ed.). *Eminent Indian Psychologists: 100 Years of Psychology in India*. (Chapter 51, pp. 287-290). New Delhi: Sage Publications India Pvt. Ltd. ISBN 978-93-864-4641-1.
6. Husain, A., & Nazam, F. (2015). Assessment of spirituality. In N. Chaube (Ed.), *Spirituality and human psyche* (pp. 170-204). New Delhi: Partridge. ISBN: 978-1-4828-6759-6
7. Husain, A., & Zehra, S. (2015). An analytical model of happiness. In U. Kumar, Archana & V. Parkash (Eds.), *Positive psychology – Applications in work, health, and well-being* (pp. 79-93). New Delhi: Pearson India Education Services Pvt. Ltd. ISBN: 978-93-325-4131-3.
8. Husain, A. (2013a). Existential rhythm, spiritual synergy and spiritual immunity: Spiritual approaches to stress management. In D.M. Pestonjee and S. Pandey (Eds.) *Stress and Work: Perspectives on understanding and managing stress* (pp. 267-277). New Delhi: Sage Publications. ISBN: 978-81-321-1088-0.
9. Husain, A., Khan, S., Krippner, S., Fracasso, C., & Friedman, H. (2013b). Muslim attitudes, toward near-death experiences, death, and the afterlife. In J. H. Ellens (Ed.) *Volume Three – End time and after life in Islamic, Buddhist, and indigenous cultures* (pp. 41-52). Santa Barbara, California: Praeger. ISBN: 978-1-4408-0183-9
10. Husain, A. (2012). Psychospiritual basis of understanding, prevention, and control of violence and terrorism. In U. Kumar and M. K. Mandal (Eds.)

Countering Terrorism- Psychosocial Strategies (pp. 408-426). New Delhi: Sage Publications. ISBN: 978-81-321-0959-4

11. Husain, A. (2011). Spirituality and positive behavior. In A. K. Chauhan and S. S. Nathawat (Eds.) *New Facets of Positivism* (pp. 58-67). New Delhi: Macmillan Publishers India Ltd.
12. Husain, A. (1999). Management of stress disorders through individual control techniques. In D. M. Pestonjee, U. Pareek and R. Agarwal (Eds.) *Studies in Stress and its Management*, (pp. 235-248). New Delhi: Oxford & I B H Publishing Co. Pvt. Ltd. ISBN: 81-204-1298-2

EMPIRICAL PAPERS PUBLISHED IN NATIONAL JOURNALS AND PROCEEDINGS OF THE CONFERENCES/SEMINARS

1. Agha, F., & Husain, A. (2020). Relationship between hope and mental wellbeing among female cancer patients. *Journal of Indian Health Psychology*, 15(1), 119-130. ISSN: 0973-5755.

2. Husain, A., & Rahman, E. (2019). Stress in new light. *Indian Journal of Psychological Science*, 12(1), 131-136. 031-036. ISSN 0976-9218.
3. Akram, M., & Husain, A. (2019). Academic stress and psychological well-being among adolescents. *Asian Resonance*, 8(1), 70-74.
P: ISSN No. 0976-8602, E: ISSN No. 2349-9443.
4. Fatima, H., Husain, A., & Duheilan Al-Dalaeen, M. (2019). Personal identity, self-efficacy, values and personality traits among adolescents` of the minority and majority communities. *IAHRW International Journal of Social Sciences Review*, 7(7). ISSN-2347-3797.
5. Gull, M., & Husain, A. (2019). Newspaper coverage of disability in India. *Disabilities and Impairment*, 33(1), 13-20. ISSN: 0970356X.
6. Sajed, Z., & Husain, A. (2019). Managing stress among women: A comparative analysis of the effectiveness of relaxation techniques. *Indian Journal of Applied Research*, 9(2), 60-64. ISSN No – 2249-555X.
7. Khan, S., & Husain, A. (2018). Moderating effect of symptoms of disease on the relationship between alienation and social well-being. Case of vitiligo patients. *International Journal of Research and Analytical Reviews*, 5(4), 374-380. E ISSN 2348-1269.
8. Gull, M., & Husain, A. (2018). Relationship between Islamic personality and spiritual practices among Muslim students. *Asian Journal of Multidimensional Research*, (AJMR), 7(6), ISSN: 2278-4853. Impact Factor: SJIF 2017 = 5.443
9. Fatma, H., Husain, A., & Seraj, R. (2018). The relationship between personality traits and self-efficacy on the level of students test anxiety. *International Journal of Advanced Research*, 6(8), XX-XX. Article DOI: 10.21474/IJAR01/xxx. DOI URL: <http://dx.org/10.21474/IJAR01/xxx>
10. Hasan, A., & Husain, A. (2018). (2018). Development and standardization of mental health problems checklist. *Journal of Emerging Technologies and Innovative Research*. 5(6), 848-
11. Javed, S., & Husain, A. (2017). Emotional intelligence, self-efficacy and psychological well-being of adolescents studying in the senior secondary schools. *Journal of Community Guidance & Research*, 34(2), 232-242.
ISSN 0970-1346
12. Khan, Md. J., & Husain, A. (2016). Relationship between hope and spiritual wellbeing among people living with HIV/AIDS. *Journal of Community Guidance & Research*, 33(3), 572-578. ISSN 0970-1346.

13. Hayisama, I., Husain, A., & Anas, M. (2016). Relationship between spiritual well-being and attachment to God among Thai students. *Asian Resonance: A Peer-Reviewed Multi-Disciplinary International Research Journal*, IV(II), 113-115. (P) ISSN: 0976-8602, (E) ISSN: 2349-9443; SJIF 3.676, GIF = 0.384
14. Ahmad, S., Ali, F., & Husain, A. (2016). Anxiety assessment in individuals of bilious and phlegmatic temperament. *Hippocratic Journal of Unani Medicine*, II(1), 1-
15. Jahan, F., & Husain, A. (2015). Quality of life among HIV/AIDS seroconcordant and serodiscordant spouses. *The International Journal of Indian Psychology*, 3 (Special Issue), 49-55. ISSN: 2349-3429 (p).
16. Husain, A. (2015). Development of holistic health scale. *Journal of Indian Health Psychology*, 10(1), 11-17. ISSN: 0973-5755.
17. Husain, A., Zehra, S., & Jahan, M. (2015). Standardization of employees spiritual values scale (ESVS). *Indian Journal of Positive Psychology*, 6(3), 321-322. ISSN-P-2229-4937E-2321-368X
18. Jahan, F., & Husain, A. (2015). Assessment of spiritual well-being and behavior associated with reading scriptures among adults. *Journal of International Academic Research, for Multidisciplinary*, 3(8), 103-112
ISSN: 2320-5083. Impact Factor: 1.625
19. Khan, M. J., & Husain, A. (2015). Spiritual well-being among male and female HIV inpatients. *The International Research Specialist*, 2(6), 140-149. ISSN: 2350-1499 (Online), 2350-0751 (Print). Impact Factor: 1.5
20. Singh, R., & Husain, A. (2015). Spiritual beliefs among Muslim male and female religious devotees. *International Journal of Recent Trends in English Language Teaching (ELT), Education, Psychology and Allied Researches*, 2(6), 173-183. ISSN: 2350-1499 (Online), 2350-0751 (Print). Impact Factor: 1.5
21. Singh, R., & Husain, A. (2015). Spiritual practices among Kalpvasis and daily devotees. *Asian Journal of Multidimensional Research*, 4(5), 63-73.
ISSN: 2278-4853. Impact Factor: SJIF 2013 = 4.708.
22. Nazam, F., & Husain, A. (2014). Conceptual definition and standardization of the spiritual values scale. *Indian Journal of Positive Psychology*, 5(4), 411-414. ISSN-p-2229-4937e-2321-368X.
23. Anas. M., Husain., A., & Aijaz, A. (2014). Mindfulness and spirituality index of well-being among students of nursing and social work. *Perspective on Health and Well-being in India*. (pp. 29-34). Excel India Publisher, New Delhi. ISBN: 978-93-83842-93-3.

24. Namdari, V., & Husain, A. (2013). Self-monitoring behavior of visually handicapped adolescents. *Indian Journal of Developmental Disabilities, 1*(2), 111-112. ISSN: 23197951.
25. Ahmad, F., Sheikh, S., Nafees, N., Mishra, M., Neel, F., Aziz, M., & Husain, A. (2012). Meaning in life among cancer patients undergoing radiotherapy. *Journal of Positive Psychology, 1*(2), 66-76. ISSN: 2249-6254
26. Husain, A. (2012). Identifying spiritual values among Muslim-Malay adolescents. *Indian Journal of Psychology (Special Issue)*, 83-91. ISSN: 0019-5553.
27. Vanitha, B., & Husain, A. (2011). Daily hassles among school teachers. *Journal of the Indian Academy of Applied Psychology, 37*(2), 240-245. ISSN- 0019-4247
28. Husain, A. (2007). Subjective well-being in relation to spiritual orientation among solace seekers. *Journal of Psychological Researches, 51*, 39-45. ISSN: 0022-3972
29. Mahmoud, W. M. F., Husain, A., & Rabbani, M. U. (2002). Assessment of health related quality of life among cardiovascular disease patients. *Journal of the Indian Academy of Applied Psychology, 28*, 9-15. ISSN- 0019-4247
30. Khan, G., & Husain, A. (2001). Sex differences in psycho-physical effects of psychotropic drugs among the elderly. *Indian Journal of Gerontology, 15*, 381. ISSN: 0971-4189 .
31. Firdous & Husain, A. (2000). Instrumental values and mate selection: A cross-cultural study. *Journal of Community Guidance and Research, 17*, 61-67. ISSN: 0970-1346
32. Daga, N., & Husain, A. (1999). A study of quality of life in various occupational groups. *PRAACHI Journal of Psycho-Cultural Dimensions, 15*, 153-156.
33. Aleem, S., & Husain, A. (1999). Correlates of self-esteem in women of various menopausal status. *Personality Study and Group Behaviour, 19*, 29-39. ISSN- 0972-3803
34. Husain, A., Arya, M., & Imam, S. M. A. (1998). A comparative study of retired and pre-retired elderly on life attitude profile. *Indian Journal of Gerontology, 12*. ISSN: 0971-4189
35. Husain, A., & Khan, G. (1997). Need for a new perspective for addictive behaviour. *Journal of the Indian Academy of Applied Psychology, 23*, 95-97. ISSN- 0019-4247

36. Husain, A., & Sharma, T. (1994). Marital adjustment and its correlates among working-nonworking women. *Journal of Personality and Clinical Studies*, 10, 71-75. ISSN: 0970-1206
37. Aleem, S., & Husain, A. (1993). Facial attractiveness and self-rating task. *Personality Study and Group Behaviour*, 13, 75-84. ISSN- 0972-3803
38. Husain, A., & Vadra, P. (1993). Relationship between attitudes toward life and personality variables among alcoholics, *Indian Journal of Applied Psychology*, 30, 44-45. ISSN: 0019-5073
39. Maqbool, S., & Husain, A. (1993a). Death sensitivity among drug addicts. *Journal of the Indian Academy of Applied Psychology*, 19, 53-56. ISSN- 0019-4247
40. Maqbool, S., & Husain, A. (1993b). Relationship of sensation seeking motive to death anxiety and alienation among substance abuse patients. *Journal of Psychological Researches*, 37, 57-61. ISSN: 0022-3972
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PAPERS PRESENTED IN INTERNATIONAL CONFERENCES / SEMINARS/ SYMPOSIUM

1. Husain, A. Family spirituality in Indian context. International Seminar on Family System in World Religions. Organized by the Al-Mustafa

International University, Iran (India Branch) and Centre for Interfaith Understanding, Aligarh Muslim University, India. February 13-14, 2019.

2. Husain, A. Psychological perspective of morality and ethics in Islam. The International Conference on Ethics and Morality for Sustainable Development. Asian University of Bangladesh, Dhaka. 26-27 October, 2018.
3. Husain, A. Islamic spirituality in practice. Two-day International Conference on Social and Spiritual Teachings of the Quran in Contemporary Perspective. K. A. Nizami Centre for Quranic Studies, Aligarh Muslim University, Aligarh, India, April 4-5, 2016.
4. Husain, A. Psychospiritual elements of strength. Centenary Conference on Psychology – An International Event. Department of Psychology & Department of Applied Psychology, University of Calcutta, Kolkata. 9th – 11th October, 2015.
5. Husain, A. Role of spiritual chaplains in the healing of trauma victims. International Seminar on Psychology of Trauma: Women and Children in Violent Conflict. Department of Psychology, Jamia Millia Islamia, New Delhi, March 13-14, 2013.
6. Husain, A. Status of child's health, nutrition and education in developing countries: Issues and challenges. International Conference on Protection of Child Rights: Issues and Challenges. Pondicherry University and Sri Balaji Vidyapeeth University, Puducherry, January 18-20, 2013.
7. Husain, A. Role of spiritual support in enhancing well-being of patients. Patient Religious Support Conference. King Fahad Medical City, Riyadh January 1-3, 2013.
8. Husain, A. Spiritual healing techniques in alleviating stress-related disorders. 30th International Congress of Psychology on Psychology Serving the Humanity. Cape Town July 22-27, 2012.
9. Nurhaili Binti Sulaiman, Husain, A., & Hameed, S. Spiritual intelligence among students of professional and non-professional courses. International Conference on Positive Psychology: A New Approach to Mental Health. Amity Institute of Behavioural & Allied Sciences, Amity University Rajasthan, Jaipur, India, 6th-8th August, 2010.
10. Husain, A., Masood, A., Parveen, S., Ikram, S., Rahman, S. & Ahmad, W. A. Identifying positive behaviour among Tasbeeh meditators. International Conference on Positive Psychology: A New Approach to Mental Health. Amity Institute of Behavioural & Allied Sciences, Amity University Rajasthan, Jaipur, India, 6th-8th August, 2010.
11. Husain, A. Attainment of spiritual happiness: Al-Ghazali's thought. International Conference on Positive Psychology: A New Approach to

Mental Health. Amity Institute of Behavioural & Allied Sciences, Amity University Rajasthan, Jaipur, India, August 6th-8th August, 2010.

12. Husain, A. & Khan, A. Relevance of spiritual and religious traditions in business. The 17th International Transpersonal Conference on Consciousness Revolution: Transpersonal Discoveries that are changing the world. Alpha Hotel, Moscow, June 23-27, 2010.
13. Husain, A., & Siraj, S. Cultivation of Islamic virtues for holistic human development. The 7th World Conference on Muslim Education (WORLD-COME 2009). Blue Wave Hotel, Shah Alam, Selangor, Malaysia 21st-23rd December, 2009.
14. Husain, A., & Balan, V. a/p Daily hassles at work in school teachers. International Conference on Psychosocial Factors at Work: Job stress prevention and work ability promotion Organized by Faculty of Public Health, Mahidol University, at The Ambassador Hotel, Bangkok, Thailand. 30th November-3rd December 2009.
15. Husain, A. Spiritual Virtues: The pride of Islam and Humanity. International Conference on the Concept of Psyche in Islam. Jointly organized by the Department of Psychology, Aligarh Muslim University, Aligarh, India and Institute of Objective Studies, New Delhi, India. 26-28 October, 2009.
16. Husain, A. Early childhood education for children's well-being. International Conference on Education for All. Jointly Organized by University of Malaya and Malaysian National Commission for UNESCO. The Legend Hotel, Kuala Lumpur, 17-19 August, 2009.
17. Husain, A. Spiritual values among adolescents. International Conference on Applied Psychology, Faculty of Education, University of Malaya, Kuala Lumpur, 12-14, March, 2009.
18. Husain, A., Jamaluddin, S., & Cheong, L. S. Spiritual health among ethnic groups in Malaysia. 2nd Convention of Asian Psychological Association, Faculty of Arts and Social Science, University of Malaya, Kuala Lumpur, 27-28 June, 2008.
19. Husain, A. Spiritual education: The ideal system of education. International Conference on Educational Innovation, The Legend Hotel, Kuala Lumpur, 6-8, May, 2008.
20. Husain, A. The role of spiritual values in spiritual development. World Congress on Psychology and Spirituality, Habitat Center, New Delhi, India, 5-8, 2008.
21. Husain, A. What is good for parents for the development of moral behavior of children? Spiritual Virtues. International Seminar on Educational

Management, Faculty of Education, University of Malaya, Kuala Lumpur, 27-29, November, 2007

22. Husain, A., Hashim, O. & Rusli, N.A. Spiritual orientation among Malaysians. International Seminar on Spiritual Psychology, Faculty of Education, University of Malaya, Kuala Lumpur, 24-25 August, 2007.
23. Husain, A. Perception of human values among science education students. International Seminar on Development of Values in Mathematics and Science Education, Faculty of Education, University of Malaya, Kuala Lumpur, 3-4 August, 2007.
24. Husain, A. Spiritual remedies for coping with behavioral disorders. Regional Seminar on Islam Hadhari 2007: Islamic and Arabic Education, 10th-12th August 2007, Kuala Lumpur, Malaysia.
25. Husain, A. Spiritual values among Muslim –Malay adolescents. 7th Biennial Conference of Asian Association of Social Psychology (AASP). University Malaysia Sabah, Kota Kinabalu, 25-28 July, 2007.
26. Husain, A., & Hashim, O. Spiritual virtues as the resource for the development of Islamic leadership. International Seminar on Islamic Leadership 111. Academy Islamic Studies, University of Malaya, Kuala Lumpur, 10-11 July, 2007.
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29. Yaqub, K., & Husain, A. Identifying prescribed and non-prescribed coping strategies among CAD patients. International Conference on Stress, M.G. Kashi Vidyapith, Varanasi, Feb., 2005.
30. Pervez, N. & Husain, A. Subjective well-being and high-low spiritually oriented people who pay visit to holy shrines. 25th International Congress of Applied Psychology, Singapore-2002.
31. Husain, A. Behavioural, Cognitive and Religious interventions for promoting spirituality. 25th International Congress of Applied Psychology, Singapore, 2002.
32. Husain, A. Psycho-spiritual concept in the Shah Waliullah's doctrine. Shah Waliullah Dehalvi's Tasawwuf, Aligarh-2002.

33. Daga, N. & Husain, A. Development of a measure of quality of life. 24th International Congress of Applied Psychology, San Francisco – 1998.
34. Husain, A. Faith Psychotherapy: Myth or Reality? 24th International Congress of Applied Psychology, San Francisco, 1998.
35. Husain, A. & Singh, K. Perception of stress effect among doctors exposed to surgical source of stress. International Conference of the Stress and Anxiety Research Society, Dusseldorf, Germany – 1997.
36. Husain, A. Factors of life attitude profile and alcoholic responsibility among social drinker, possible alcoholism and probable alcoholism. There Afro-Asian Psychological Congress, University Kebangsaan Malaysia – 1994.
37. Husain, A. The role of microcomputer technology in organizational communication. International Symposium on Microcomputer Technology and Cognitive Processes, Aligarh Muslim University – 1987.
38. Husain, A. Value Preferences among Indian and Somalian Students. International Seminar – Cross cultural perspectives on Problems of National Relevance, Aligarh Muslim University, Aligarh 1985.
39. Kureshi, A. & Husain, A. Physical attractiveness and socio-economic status as determinants of interpersonal attraction. Vth International Conference of IACCP, Utkal University, Bhubaneswar –1980-81.
40. Kureshi, A. & Husain, A. Extrapunitiveness, intropunitiveness and dominance among Indian and Palestinian students A cross-cultural study. Vth International Conference of IACCP, Utkal University, Bhubaneswar-1980-81.
41. Kureshi, A. & Husain, A. Death anxiety and dominance among the Indian and Palestinian students A cross-cultural comparison. First Asian Regional Conference of IACCP, University of Hong Kong, Hongkong-1979.

PAPERS PRESENTED IN NATIONAL CONFERENCES AND SEMINARS

1. Husain, A., & Jamal, S. R. Women Empowerment: Key Indicators. ICSSR Sponsored National Seminar on Role of Higher Education for the Empowerment of Muslim Women: Problems and Prospects. Al-Barkat Institute of Education, Aligarh. 19th – 20th March, 2016.

2. Husain, A. Spiritual Practices as Paths to Attain Spiritual Peace. National Seminar on Peaceful Coexistence in Multicultural Societies: The Quranic Perspective. K. A. Nizami Centre for Quranic Studies, A.M.U., Aligarh. 8th-9th March, 2014.
3. Husain, A. Need for Physical and Behavioral Activities and Yogasanas in Schools to reduce Obesity among Students. Innovations in Physical Education and Sports: Need of the day, Department of Physical Health and Sports Education, AMU Aligarh. January 28-29, 2013.
4. Husain, A. Yoga Therapy: Techniques and Benefits. 47th National and 16th International Conference of the Indian Academy of Applied Psychology, Toc H Institute of Science & Technology, Ernakulam District, Kerala. June 15-17, 2012.
5. Husain, A., Luqman, N., Jahan, M. Spiritual Personality Inventory: Psychometric Analysis. National Seminar on Spiritual Psychology. Department of Psychology, A.M.U., Aligarh. October 28-30, 2010.
6. Husain, A., Jahan, M., Nishat, A., Siddiqui, R. N., Akram, M. Development of Spirituality Attitude Scale. National Seminar on Spiritual Psychology. Department of Psychology, A.M.U., Aligarh. October 28-30, 2010.
7. Husain, A. Participated in Penal Discussion on Psychological Supports in Sportsperson. National Symposium on Sports Physiology: Today and Tomorrow. Department of Physiology, Jawaharlal Nehru Medical College, A.M.U, Aligarh. March 13, 2010.
8. Husain, A. Psychospirituality and Healthy Quality of Life in a Changing World. 45th National and 14th International Conference of the Indian Academy of Applied Psychology, Vishakhapatnam, February 18-20, 2010.
9. Husain, A. Role of Religious Education in Human and Societal Development. Seminar Kebangsaan Pendidikan Akhlak Dan Moral. Department of Educational Foundations and Humanities, Faculty of Education, University of Malaya, July 24-25, 2008.
10. Husain, A. Achieving Happiness through Marriage. Seminar Falsafah Perkahwinan, Tema: Mencari Kebahagiaan Melalui Perkahwinan. Pusat Pembangunan Keluarga Universiti Malaya (UMCFD), March 29 – 30, 2006.
11. Husain, A. Issues, Challenges and direction in Applied Indian Psychology. 9th International 40th National Conference of Indian Academy of Applied Psychology, Bodh Gaya, March, 200
12. Husain, A. Role of self in building a spiritual personality. 9th International 40th National Conference of Indian Academy of Applied Psychology, Bodh Gaya, March, 2005.
13. Husain, A. Towards the Personality development of the youth. Sociopsychological problems of youth: Prevention and intervention, Bahadurgarh, December, 2004.

14. Husain, A. & Rashid, T. Altruistic Love and Spiritual Love : Ways of Attaining Spiritual Life. Department of Psychiatry, JSS Medical College Mysore, August 22-23, 2003.
15. Husain, A. Innovative Approaches to psychotherapy. Annual Conference on Indian Concepts of Mental Health. Department of Psychiatry, JSS Medical College Mysore, August 22-23, 2003
16. Husain, A. Contribution of Maulana Ashraf Ali Thanvi in the fields of Psychopathology and Psychotherapy. National Seminar on Religious Philosophy, Indian History and Culture, June 2003.
17. Husain, A. Maintenance of spiritual health. 29th National Annual Conference of Indian Association of Clinical Psychologists, Ranchi Institute of Neuro – Psychiatry & Allied Sciences, Ranchi, March 7 – 9, 2
18. Husain, A. & Yaqub, K. Quranic commands on alcohol abuse. National Seminar on Quran and Science. Department of Islamic Studies, Aligarh, January 8-10, 2003.
19. Husain, A. Drug misuse of physicalistic medicine. 6th PRAACHI Psychocultural Research Association, M.D. University Rohtak, Oct. 11-12; 2002.
20. Husain, A. Maulana Ashraf Ali Thanvi: A Psychotherapist in the orient. National Seminar on Religious Philosophy, Indian History and Culture, Aligarh,
21. Husain, A. Spiritual Principle for the Unity of All Being for the World Peace. 6th International, 37th IAAP and 3rd Pondicherry Psychological Association, Pondicherry, 2002.
22. Husain, A. & Kirmani, M.N. Integrating spirituality into counseling. National Seminar on Practices for Emerging Counselling Needs, Vadodra, 2001.
23. Husain, A. Role of Spiritual Values of the Personnel in the development of a healthy organization. National Seminar on Leadership and Human Values, Center for Leadership and Human Values, Indian Institute of Management, Lucknow, 2001.
24. Husain, A., & Khan, M. I. Motivational Factors for rural development personnel. 3rd PRAACHI National Conference on Behavioural Management, Haryana Institute of Rural Development, Nilokheri, Karnal, 2000.
25. Pervez, N. & Husain, A. Community Programs for the Prevention of Child abuse. National Conference on Psychological Perspectives, University of Delhi, South Campus, New Delhi, 1999.
26. Husain, A., & Pervez, N. Religious Meditative technique for healthy ageing. National seminar on Multigenerational relationship in the Indian Context, Central Chinmaya Vanprasth Sansthan, Allahabad, 1999.
27. Husain, A., Mahmoud, W. M.F. & Khan, M. I. Personality behaviour patterns and cardiovascular disease. 4th International and 35th National Conference of

the Indian Academy of Applied Psychology, Sardar Patel University, Vallabh Vidyanagar, 1999.

28. Husain, A. Successful Ageing Planning through Healthy Lifestyle. Psycho-National 99 on adding life to the Grey years: Bio Psycho Social aspects. Thiruvananthapuram, 1999.
29. Husain, A. Eradication and prevention of child labour through systematic counseling. National Conference of Indian Psychological Association of Psychology and National Development, Kurukshetra, 1997.
30. Husain, A. Counseling of the terminally ill elderly patients. 23rd National Annual Conference of Indian Association of Clinical Psychologists, Manipal, 1997.
31. Husain, A. Role of women in the management of residential environment. National Seminar on Indian Women-An Environmentally Responsible Behaviour, Bhopal, 1995.
32. Daga, N. & Husain, A. A comparative study of working and nonworking women on stress sources, effects and behaviours. National Seminar on Psychosocial scenario of weaker sections, New Delhi, 1995.
33. Husain, A. Alleviating substance abuse through community participation. 30th Annual Conference of the Indian Academy of Applied Psychology, Jodhpur, 1993.
34. Husain, A. & Aleem, S. Social and financial supports as developmental tasks for the happy living of women widowhood. 29th Annual Conference of the Indian Academy of Applied Psychology, Tirupati, 1992.
35. Husain, A. & Firdous. Personality traits of male- female desirability: A study of mating behaviour. 29th Annual Conference of the Indian Academy of Applied Psychology, Tirupati, 1992.
36. Husain, A. Modification of human behaviour through peace education. 28th Annual Conference of the Indian Academy of Applied Psychology, Bhubaneswar,
37. Husain, A. & Vadra, P. Attitude towards life among alcoholics: An intervention strategy for motivational counseling. National Seminar on Drug Deaddiction and Rehabilitation, Vallabh Vidyanagar, 1991.
38. Vadra, P. & Husain, A. Role of education in the management of substance use disorder. XXVII Annual Conference of the Indian Academy of Applied Psychology, Aligarh, 1990.
39. Firdous & Husain, A. Social factors of the male-female relationships. XXVII Annual Conference of the Indian Academy of Applied Psychology, Aligarh, 1990.
40. Husain, A. & Aleem, S. The Mate selection hypothesis: opposites of the dissimilar attract each other. XXVII Annual Conference of the Indian Academy of Applied Psychology, Aligarh, 1990.
41. Husain, A. & Sharma, T. A study of relationship between marital adjustment and life satisfaction in spouses of working and conventional couples. 75th

Session Indian Science Congress, Section of Psychology & Educational Sciences (Late Abstract), Pune, 1988.

42. Husain, A. Drug abuse and its rehabilitation. Zonal Inter-Medical College Symposium on Drug Abuse: An Awareness, Aligarh, 1987.
43. Husain, A. Perception of female physique attractiveness by Indian and Sudanese students. 74th Session of the Indian Science Congress, Section of Psychology & Educational Sciences (Late Abstract), Bangalore, 1987
44. Husain, A. A study of vocational aspiration and deprivation among sensory handicapped and normal children. U.G.C. National Seminar on Strategies for the Development of Deprived Sections of Indian Society, Dehradun, 1987.
45. Husain, A. Value dissimilarity as a factor in reciprocal-attraction. 72nd Session of the Indian Science Congress, Section of Psychology & Educational Sciences, Lucknow, 1985.
46. Kureshi, A. & Husain, A. Need similarity and interpersonal interaction: Appraising Header's Balance Theory. 21st annual Conference of Indian Academy of Applied Psychology, I.I.T., New Delhi, 1984.
47. Husain, A. & Kureshi, A. Towards understanding and alleviating the sufferings of the kith and kin of cancer patients - A study of Death Anxiety and Security Insecurity. 69th Session of Indian Science Congress, Section of Psychology & Educational Sciences, Mysore, 1982.
48. Kureshi, A. & Husain, A. Poverty: Psychological implications and impact. All India Conference of Poverty and its Psychological Correlates, Delhi, 1979.
49. Kureshi, A. & Husain, A. Neuroticism, anxiety and self-ideal discrepancy a study of interrelationship. 66th Session of Indian Science Congress, Section of Psychology & Educational Sciences, Hyderabad, 1979.

POST DOCTORAL THESIS COMPLETED UNDER MY SUPERVISION

1. **Dr. Shaheena Siddiqui.** Resilience and Spiritual Support as the predictors of Spiritual Well-Being among Stress-Related Disorder Patients. Post Doctoral Fellow Thesis. Indian Council of Social Science Research, New Delhi. 2016

2. **Dr. Shahin Zafar.** Religiosity, Spirituality and Attachment to God as Predictor of Spiritual Well-being among Elderly People. Post Doctoral Fellow Thesis. Indian Council of Social Science Research, New Delhi. 2019
3. **Dr. Mahe Naz.** Influence of social support on psychological wellbeing and rumination of physically challenged adolescents. Post Doctoral Fellow Thesis. University Grants Commission, New Delhi. 2020

Ph.D. DEGREES AWARDED UNDER SUPERVISION

1. **Rubina Fakhr.** Facilitators of Women Empowerment in Conservative Communities. 2020
2. **Zahra Sajed.** Assessing the Effectiveness of Relaxation Techniques in the Management of Stress and Quality of Life among Women. 2019.
3. **Zeenat Fatima.** Spirituality and Hope as Correlates of Posttraumatic Growth among the Victims of Natural Disaster. 2019.
4. **Sana Khan.** Self-consciousness and Alienation in relation to Social Well-being in Vitiligo Patients. 2019
5. **Shahla Ahmadi.** Effectiveness of Meditative Techniques in Alleviating Depression and Stress in Indian and Iranian University Students. 2018.
6. **Mubashir Gull.** Rumination, Religious Coping and Resilience as related to Mental Health among the Parents of Differently Abled Children. 2018
7. **Shabnam Qayoom.** Spiritual Experiences and Mindfulness as related to Spiritual Health and Spiritual Well-being. 2018.
8. **Asif Hasan.** Spiritual Fitness and Strengths in relation to Mental Health Problems among National Cadet Corps and National Service Scheme Volunteers. 2018.
9. **Ibrohem Hayisama.** Behavioural Problems in relation to Social Well-being and Resilience among Adolescents in South Thailand (Patani). 2017.
10. **Fauzia Khatoon.** Spiritual Distress and Spiritual Coping among People Living with Different Stages of HIV/AIDS. 2017.
11. **Mustafa Nadeem Kirmani.** Health, Happiness and Spirituality among Adults. 2016.
12. **Ruchi Singh.** Spiritual Beliefs and Spiritual Practices as Predictors of Spiritual Experiences among Hindu and Muslim Religious Devotees. 2016.
13. **Fauzia Nazam.** Hope in relation to Spiritual Values and Spiritual Intelligence among Adolescents. 2016.
14. **Shahin Zafar.** Mental Health as related to Emotional Intelligence and Self-Concept among Adolescents. 2015.

15. **Md. Jasimuddin Khan.** Hope and Meaning in Life as the Predictors of Spiritual Well-being among People Living with HIV/AIDS. 2015.
16. **Vida Namdari.** A study of Personality Profile and Psychological Well-being among the Depressive patients and their family caregivers. 2014.
17. **Fazli Muneer Rizvi.** A study job burnout and job involvement as related to perceived organizational culture and social support among nurses of private and government hospitals. 2006.
18. **Kahkashan Yaqub.** Awareness of CAD Risk Factors, Prescribed-Nonprescribed Coping Strategies and Attitude towards Life. 2005.
19. **Arshi Raza Naqvi.** A Study of Drug Misuse in relation to Health Consciousness and Health Locus of Control among Younger and Older Adults. 2004.
20. **Tayyaba Ishrat.** Assessing the role of Hardiness and Lifestyle in coping with Daily Hassles and Occupational Stress among Health Caregivers. 2002
21. **Touseef Rizvi.** A study of Traumatic Stress and Coping Styles among Kashmiri People Living in High and Low Risk Conditions. 2001
22. **Nazli Pervez.** Impact of Psychosocial factors on subjective well-being in solace seeking from visit to Holy shrine. 2001.
23. **S.M. Ashraf Imam** Health Care Behaviour of the Elderly Through Self-Help Programmes. 2000.
24. **Reshma Jamal** A study of Psychological Well-Being and Family Adjustment in relation to Socio-demographic variables among School Teachers. 2000
25. **Wael Mustafa Fayez Mahmoud** Assessment of Health Related Quality of Life and Coping Behaviour in Cardiovascular Disease Patients. 1999.
26. **Karuna Singh** Social and Personality Accompaniments of Stress and Coping among Doctors exposed to High Health Risk Conditions. 1998.
27. **Navita Daga** Influence of Social Family Role Stress and Social Support on Quality of Life. 1998.
28. **Meena Arya** A study of certain Personality and Socio-demographic correlates of Telic Dominance among Retired and Pre-retired Elderly. 1996.
29. **Sheema Aleem** A study of Self-esteem in relation to Self-consciousness and Social Support among Menopausal Women. 1992.
30. **Shahina Maqbool** A study of Sensation Seeking Behaviour among Drug Abuse Inpatients in relation to certain Personality and Health Related Variables. 1992.
31. **Prerna Vadra** A study of Attitudes toward life in relation to Social and Personality variables among Alcoholics. 1992.
32. **Firdous** Physical, Social and Personality Factors of Mate Selection among Working and Non-working Men and Women. 1991.
33. **Tirthrani Sharma** A study of Marital Adjustment in relation to Personality and Socio-demographic variables. 1990.

34. **Nootan Kaushik** A study of Facial and Physique Attractiveness Stereotyping among Adults. 1988.
35. **Rashmi Gupta** A study of Marital locus of Control, Social Intimacy and Approval Motivation among Adjusted-Maladjusted Married Couples. 1988.

Ph.D. Thesis Co-Supervised at AMITY University, Jaipur, Rajasthan

Sajad Hussain Personality Traits, Emotional States and Cognitive Distortions among Deprived Adolescents of Kashmir. AMITY University Rajasthan (2020)

M.Phil. DEGREES AWARDED UNDER SUPERVISION

1. **Karuna Singh** Perception of Stress and Psychological well-being in doctors exposed to condition of threat. 1996.
2. **Ghizala Khan** – Use of psychotropic drugs and their psychophysical consequences in the alleviation of disorders of senescence. 1996.
3. **Navita Daga** Development of a measure of quality of life. 1996.
4. **Meena Arya** A study of telic dominance and desired locus of control among retired and pre-retired elderly. 1994.
5. **Shahina Maqbool** A study of death anxiety in relation to health-related variables among drug addicts. 1990.
6. **Sheema Aleem** A study of personality disorders in relation to facial attractiveness among students, 1990.
7. **Prerna Vadra** A study of attitude towards life in relation to certain variables among alcoholics. 1990.
8. **Firdous** Sex differences in physical and social determinants of mate selection. 1989.
9. **Nootan Kaushik** Sex differences in perception of physique-attractiveness stereotyping. 1986.
10. **Rashmi Gupta** A study of marital locus of control and approval motivation among married couples. 1986.

RESEARCH REPORTS SUPERVISED TO THE M. Ed STUDENTS AT THE UNIVERSITY OF MALAYA, MALAYSIA.

1. **Agilandeswaran a/l Gopal** Sources of stress and coping strategies among athletes. (completed) 2009.
2. **Vanitha a/p Balan** Perception of school teachers' daily hassles at work. (Completed) 2009

3. **Nur Fariza Sulaiman** Hope motivation and need-achievement of secondary school students. (Completed) 2009
4. **Nurhali Binti Nasrudin** A study of spiritual intelligence in relation to certain sociodemographic variables. (Completed) 2009
5. **Han Bing** Hardiness among student counsellors in China. (Completed) 2009
6. **Nafiseh Kananifar** Identifying desirable values among the counselling students of Iran and Malaysia. (Completed) 2009
7. **Vijya Karthiyayini A/P Thangavelu** Relationship between Achievement Motivation and Academic Achieve among Form Four students. (Completed) 2007.

M.A Dissertation Supervised to the students of Indira Gandhi National Open University 2018-2019 session

1. **Desh Kumari**
Stress Management in College Students.
Code: 471311351, Counselling Psychology
2. **Gor Shilpa Bankim**
Influence of Hope on Spiritual Wellbeing among Cancer Patients
Code: 471311351, Clinical Psychology
3. **Dr. Rekha Rani**
A study of Mental Well-being among Secondary School Students during Proximity of Examinations
Code: 471311355, Counselling Psychology
4. **Chhama Pandey**

Code: 471311355, Counselling Psychology
5. **Tabassum Sheikh**

Guided Meditation and Mental Well-being
Code: 471311351, Clinical Psychology
6. **Basanti Verma**
Identifying Emotional and Behavioural Problems among Adolescents.
Code: 471311351, Counselling Psychology
7. **Sampat Raj Kumhar**

Sspirituality and Compassion among Nursing Students and Working Nurses

Course Code: MPCE 016

**SHORT-TERM INSTITUTE, ORIENTATION PROGRAMME,
WORKSHOPS/BENGGKEL ATTENDED**

1. Workshop on Latest Developments in Positive Psychology. Indian Institute of Technology, New Delhi. (January 15, 2010)
2. Bengkel Semakan Semula Kurikulum Program Ijazah Sarjana, Fakulti Pendidikan Universiti Malaya (1st – 3rd June, 2008)
3. Workshop on Problem Based Learning, Faculty of Education, University of Malaya (23rd November, 2007).
4. Forum Pelan IndukPembangunan, FP, Auditorium Fakuli Pendidikan, Universiti Malaya (January 27, 2007).
5. Bengkel Semakan Semula Kurikulum Ijazah Dasar, Fakulti Pendidikan, Universiti Malaya (January 23, 2007).
6. Bengkel Penulisan Cadangan Penyelidikan Bagi Memohon Geran Penyelidikan FRGS, E-Science Dan Techno Fund, Kementerian Pengajian Tinggi Bagi Fakulti Bukan Beresaskan Sains, Hotel Saujana, Selangor, Darul Ehsan, 4-5 December, 2006.
7. Workshop on Transactional Analysis. Career Planning Centre, Women's College, Aligarh Muslim University, Aligarh. (March 3-5, 1992).
8. Workshop on Behaviour Modification. Career Planning Centre, Women's College, Aligarh Muslim University, Aligarh. (June 20-22, 1991).
9. Academic Staff Orientation Programme. Aligarh Muslim University, Aligarh. (Duration: 4 weeks, September 5-October 1, 1988).
10. U.G.C. Short-Term Institute of Teaching and Research in Psychology Relevant to Community Needs. (Duration: 3 weeks, December 2, 1985 December 22, 1985).

**Short Term Courses and Subject Refresher Courses Organized at the UGC
Academic Staff College/HRD Centre A.M.U., Aligarh.**

1. One week Short Term Course on Data Analysis by Using SPSS. May 8-14, 2016
2. Subject Refresher Course on Research Methodology. September 29-October 16, 2015.

3. Research Methodology Programme, Sponsored by ICSSR, New Delhi, March 30 to April 11, 2015.
4. Stress Management, March 18 to 24, 2015.
5. Stress Management, October 21 to 26, 2013.
6. Stress Management, October 8 to 13, 2012.
7. Research Methodology and Computer Applications, April 09 to 14, 2012.
8. Stress Management and Mental Health, January 17 to 20, 2011.
9. Stress Management and Mental Health, November 22 to 25, 2010.
10. Stress Management, October 26, 2002.

Faculty Development Programme, Online Workshops and Webinars Organized by Faculty of Social Sciences in collaboration with other Faculties, Department of Studies and Centres of Aligarh Muslim University, Aligarh.

(1) Faculty Development Programme on Managing Online Classes and Research (Online Mode)

Professor Akbar Husain, Convener

Organized by

Faculty of Social Sciences, AMU, Aligarh in Collaboration with INFLIBNET Center, Ahmedabad. **April 29-30, 2020**

(2) Online Workshop ‘Quality Research and Scholarly Publications using SCOPUS and Mendeley for Research Scholars of AMU

Professor Akbar Husain, Director

Organized by

Faculty of Social Sciences, AMU, Aligarh in Collaboration with Elsevier **May 19, 2020**

(3) Online Workshop ‘Data Science vs. Data Analytics’

Professor Akbar Husain, Director

Organized by

Faculty of Social Sciences and Faculty of Science AMU, Aligarh **June 1-2, 2020**

(4) International Webinar on Prevention and Management of Coronavirus Pandemic: Psychosocial Perspective

Professor Akbar Husain, Director

Organized by

Department of Psychology and Department of Social Work, Faculty of Social Sciences, Aligarh Muslim University, Aligarh. **June 6, 2020**

(5) Webinar on Strategies for Managing Personal Finance During and After Covid-19

Professor Akbar Husain, Director

Organized by

Department of Social Work and Association of Mutual Fund in India (AMFI)
June 8, 2020

(6) International Webinar on Islamic Lifestyle for the Prevention of Coronavirus Pandemic and Maintenance of Health

Professor Akbar Husain, Director

Organized by

Faculty of Social Sciences and Faculty of Theology, Aligarh Muslim University, Aligarh (India)

June 13, 2020

(7) Webinar on Building Skills: Issues and Challenges during Global Covid-19

Professor Akbar Husain, Director

Organized By

Department of Psychology and the Training and Placement Office, Aligarh Muslim University, Aligarh. **July 15, 2020**

(8) International Webinar on Role of Faith in facing Personal and Collective Crises: What Religion can offer to the Post-Covid World

Professor Akbar Husain, Coordinator

Organized by

Dara Shikoh Centre for Interfaith Understanding and Dialogue,
Aligarh Muslim University, Aligarh (India) **September 26-27, 2020**

Reviewer of Journals

1. Community Mental Health Journal
2. Innovative publication, New Delhi.
3. Psychology & Psychological Research International Journal, Member, Editorial Board.
4. Reviewer of Paper No. 6: Self & Inner Growth, E-Pathshala, MHRD, New Delhi.
5. AMITY Journal of Positive Psychology, Amity University, Rajasthan, India.
6. Cyberpsychology, Behavior, and Social Networking, Japan.
7. Frontiers in Human Neuroscience, Switzerland.
8. Indian Journal of Positive Psychology, New Delhi, India.
9. Journal of Happiness Studies, Springer, USA.
10. Journal of Religion and Health, USA.
11. AFFILIA: Journal of Women and Social Work, Sage
12. Journal of Adult Development
13. Preston Journal of Social Sciences, Peshawar, Pakistan.
14. Sage Open Journal
15. The IIS University Journal of Social Sciences, Jaipur, India.
16. Psychological Trauma: Theory, Research, Practice, and Policy
17. Journal of Mental Health

WORKSHOPS CONDUCTED AND ORIENTATION PROGRAMME ORGANIZED

Topic

Place

Date

- | | | |
|---|-----------------------------|----------------------|
| 1. Stress Management Strategies | M.D. University,
Rohtak. | December 18,
2002 |
| 2. Stress Management | Pondichery | January 5, 2002 |
| 3. Spiritual Counseling | | |
| 4. Personality Testing | Idar, Gujrat. | November 4,
2001 |
| 5. Islamic Psychology & Counselling A.M.U., Aligarh. July 16-29, 2018 | | |
| 6. Counselling Orientation Programme for School Teachers. Organized by Students' Counselling Centre, December 26, 27 & 29, 2018. | | |
| 7. Pre-conference Workshop on Role of Spirituality for Counsellor and Healthcare Professionals. Organized by the Department of Psychology and Students' Counselling Centre, February, 22, 2020. | | |
| 8. Orientation Programme on Islamic Counselling and Psychotherapy Organized by Institute of Objective Studies, Aligarh Chapter, September 16-22, 2020. | | |

INTERNATIONAL AND NATIONAL SEMINARS AND CONFERENCES ORGANIZED

1. AMU Centenary International Conference on **Psychology of Religion & Spirituality**. February 24-26, 2020.
2. International Conference on **Islamic Psychology: Theory, Research and Application**. Aligarh Muslim University, Aligarh, November 10-12, 2018.
3. National Conference on **Spiritual Psychology in Practice**. Aligarh Muslim University, Aligarh, November 18-20, 2016.
4. National Conference on **Yoga and Spirituality**, Aligarh Muslim University, Aligarh, November, 7-8, 2015.
5. National Conference on **Spiritual Psychology: Theory, Research, Practice and Training**, Aligarh Muslim University, Aligarh, March 23-25, 2013.
6. National Seminar on **Spiritual Psychology**, Aligarh Muslim University, Aligarh, India October 28-30, 2010.
7. International Conference on **Applied Psychology: Asian Perspective**. University of Malaya, Kuala Lumpur, Malaysia, March 12-14, 2009.

8. International Seminar on **Spiritual Psychology**. University of Malaya, Kuala Lumpur, Malaysia, August 24-25, 2007

Editorial/Advisory Board Member and Consulting Editors

1. Psikohumaniora: Jurnal Penelitian Psikologi
2. Journal of Psychiatry Research Reviews & Reports
3. Member, Program Committee of Psychology Applications & Developments VI 2020 (In Science Press Book on Psychology Applications & Developments VI). https://easychair.org/conferences/?conf=psychology_application2020
4. Islamic Guidance and Counseling Journal, Indonesia.
5. The Journal of Islamic Research, Turkiye.
6. Addiction & Drug Abuse Open Access Journal (ADOAJ) MedWin Publishers
7. Singaporean Journal of Social Science.
8. International Journal of Behavioural Sciences, Ghaziabad.
9. Psychology & Psychological Research International Journal (PPRIJ).
10. Indian Journal of Health and Well-being, IAHRW, Hissar. ISSN- 2229-5356
11. Disabilities & Impairment – An Interdisciplinary Research Journal, Akshat Publications, Delhi (Consulting Editor), ISSN: 0970-356X
12. AMITY Journal of Applied Psychology, AMITY University, Rajasthan. ISSN 0976-6731
13. Kashmir Journal of Social Sciences, University of Kashmir, J & K. ISSN: 0975-6620
14. The Preston Journal of Social Sciences, Peshawar, Pakistan. ISSN: 2078-1784
15. International Advisory Board: Journal of Special Needs Education, Malaysia ISSN 2289
16. Indian Journal of Human Relations, V.B.S. Purvanchal University, Jaunpur. ISSN-0974-1089
17. Member, Editorial Board, Indian Journal of Clinical Psychology, RINPAS, Ranchi.
18. Editorial Board: Indian Journal of physical education and yogic sciences
19. Stress Management Professional: An International Journal: Consulting Editor
20. Journal of Psychological Researches: Editorial Board
21. The International Journal of Indian Psychology: Co-Editor

22. Indian Academy of Applied Psychology: Distinguished Editor
23. Human Behavior: Journal of Applied Psychology: Board of Referees
24. Journal of Distance Education and Management Research: Editorial Board Member
25. Journal of Humanities & Social Sciences, Dimapur, Nagaland: Editorial Board ISSN: 2319-9970.

U Tube Lectures:

Spiritual Psychology (SWAYAM)

https://www.youtube.com/watch?v=Dejy08V7mLo&feature=emb_logo

<https://youtu.be/EJeflaAG-Zk>

**Third International Conference on Positivism
Foundation For Human Dimension, August 6-8, 2012. AMITY University
Rajasthan <https://youtu.be/GH4admso1B0>
Coping with Covid-19 Pandemic**

Lectures delivered in the Orientation Programmes, Refresher Courses and Short Term Courses Organized by UGC Academic Staff College/ UGC Human Resource Development Centre of various Universities.

Resource Person

Holistic Spirituality: An Indigenous Approach. Seven Day Online Faculty Development Programme (FDP) on Mental Health and Spirituality: The Capital of Well Being. Organized By: Human Resource Development Centre (HRDC), Panjab University, Chandigarh. December 5, 2020.

Scientific Methodology in Research. Online Short Term Course on Research Methodology (Social Sciences Teachers) Organized by UGC-HRDC, AMU, Aligarh. October 9, 2020.

Islamic Personality Traits as Indicator of Personality Development, Short Term Course on *Personality Development* for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. February, 10, 2020.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. January, 24, 2020.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. December, 24, 2020.

Desirable Personality Traits for Library Personnel. Subject Refresher Course for Library and Information Science. Organized by UGC Academic Staff College, AMU, Aligarh., September 30, 2019.

Fundamentals of Academic Mentoring. One day Symposia-cum-Workshop on Mentoring and Career Counselling. Organized by Jawaharlal Nehru Medical College, A.M.U., Aligarh. 21st September 2019.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March 12, 2019.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March 12, 2019.

Islamic Personality Traits as Indicator of Personality Development, Short Term Course on *Personality Development* for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March 03, 2019.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March 03, 2019.

Delivered 12 Lectures in one week Orientation Programme on Counselling Interventions (Islamic Counselling) organized by the Malappuram Centre and Department of Psychology, Aligarh Muslim University. February 4-7, 2019.

Islamic Personality Traits as Indicator of Personality Development, Short Term Course on *Personality Development* for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. December 30, 2018.

Psychosocial and Spiritual Approaches for Stress Management. Refresher Course/Training Programme for AMU School Teachers Organized by UGC HRDC, A.M.U., Aligarh, December 28, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. December 25, 2018.

Stress Management. Extra Mural Lecture. Centre of Continuing and Adult Education and Extension. AMU December 1, 2018.

Mental Health Counselling. Extra Mural Lecture. Centre of Continuing and Adult Education and Extension. AMU December 1, 2018.

Mental Health Counselling. Organized by Disability Unit. Aligarh Muslim University, Aligarh. November 18, 2018

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. November 15, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. November 16, 2018

Psychological Perspective on Human Rights. Refresher Course in Human Rights. Organized by UGC-HRDC, AMU, Aligarh. September 7, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. August 29, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. July, 2018.

Manuscript Writing Guidelines. Capacity Building Programme Organized by Department of Geography, AMU, Aligarh. April 9, 2018.

Scientific Methodology in Research. Capacity Building Programme Organized by Department of Geography, AMU, Aligarh. April 2, 2018.

Scientific Methodology in Research. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. March 26, 2017.

Scientific Methodology in Research. Refresher Course in Social Sciences Organized by UGC HRDC, AMU, Aligarh. March 21, 2017.

Islamic Personality Traits as Indicator of Personality Development, Short Term Course on *Personality Development* for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March 22, 2018.

Islamic Personality Traits as Indicator of Personality Development, Short Term Course on “*Personality Development*, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. March, 3, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. February 19, 2018.

Motivating the Students for Learning. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. February 19, 2018.

Stress, Catecholamines and Stress-Related Disorders. Subject Refresher Course in Food and Biotechnology for Teachers. Organized by UGC HRDC, AMU, Aligarh. February, 16, 2018.

Teacher as a Counsellor. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. February, 02, 2018.

Motivating the Students for Learning. Short Term Course on “How to Teach Effectively”, for the training of Madrasa Teachers. Organized by School of Education Project of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT) scheme of the MHRD at the Department of Education, AMU, Aligarh. February, 01, 2018.

Vedic and Quranic Views on Maintaining Spiritual Ecology. Subject Refresher Course in Environmental Studies. Organized by UGC HRDC, AMU, Aligarh. December, 06, 2017.

Mental Health at the Individual Level. Orientation Programme Organized by UGC HRDC, Jamia Millia Islamia, New Delhi. November 30, 2017.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC HRDC, Jamia Millia Islamia, New Delhi. November 30, 2017.

Stress Management: Psychospiritual strategies. Refresher Course in Library Science Professionals Organized by UGC HRDC, AMU, Aligarh. **October, 07, 2017.**

A spiritual explanation to Human Rights. Refresher Course in Human Rights. Organized by UGC-HRDC, AMU, Aligarh.

Analytical Model of Research. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. May 08, 2017.

Applications of Spiritual Psychology. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. April 08, 2017.

Manuscript Writing Guidelines. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. March 15, 2017.

Manuscript Writing Guidelines. Refresher Course in Behavioural Sciences (ID). Organized by UGC-HRD Centre, University of Kashmir, Srinagar. 21-01-2017.

Spiritual Counseling. Refresher Course in Behavioural Sciences (ID). Organized by UGC-HRD Centre, University of Kashmir, Srinagar. 21-01-2017.

Applications of Spiritual Psychology. Refresher Course in Behavioural Sciences (ID). Organized by UGC-HRD Centre, University of Kashmir, Srinagar. 20-01-2017.

Psychospiritual Dimensions of JIHAD. Refresher Course in Behavioural Sciences (ID). Organized by UGC-HRD Centre, University of Kashmir, Srinagar. 20-01-2017.

Spiritual Approaches to Stress Management. Summer School Organized by UGC HRDC, Jamia Millia Islamia, New Delhi. June 1, 2016.

Stress Management: Psychospiritual strategies. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. May 31, 2016.

Analytical Model of Research. Two Weeks Capacity Building Programme for Young Faculty Members of Social Sciences, Sponsored by ICSSR, New Delhi. 10th March, 2016.

Stress Management: Psychospiritual strategies. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. November, 19, 2015.

Analytical Model of Research. Research Methodology Programme for Research Scholars of the Faculty of Social Sciences. Sponsored by ICSSR, New Delhi, November, 16, 2015.

Stress Management: Psychospiritual strategies. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. October, 05, 2015.

Basic Concepts and Steps in Medical Research. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. August, 08, 2015.

Spiritual Approaches to Stress Management. Orientation Programme Organized by HRDC, AMU, Aligarh. August, 11, 2015.

Stress Management: Psychospiritual strategies. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. August, 11, 2015.

Sustainable Development and Environmental Health. Subject Refresher Course in Environmental Studies. Organized by UGC HRDC, AMU, Aligarh. August, 10, 2015.

Stress Management: Psychospiritual strategies. Orientation Programme Organized by UGC HRDC, AMU, Aligarh. August, 07, 2015.

Spiritual Approaches to Stress Management. Orientation Programme Organized by HRDC, AMU, Aligarh. August, 06, 2015.

Analytical Model of Research. Workshop on Research Methodology in Social Sciences. Organized by the Department of Psychology, Jamia Millia Islamia, New Delhi under the Capacity Building Programme for Faculty in Social Sciences sponsored by Indian Council of Social Science Research. March 14, 2015.

Manuscript Writing Guidelines. Workshop on Research Methodology in Social Sciences. Organized by the Department of Psychology, Jamia Millia Islamia, New Delhi under the Capacity Building Programme for Faculty in Social Sciences sponsored by Indian Council of Social Science Research. March 14, 2015

Statistical Techniques used in Agricultural and Biological Sciences. Subject Refresher Course in Research Methodology in Agricultural Sciences. UGC Academic Staff College, AMU, Aligarh. March 13, 2015.

Spiritual Counselling. Defence Institute of Psychological Research, New Delhi. March 12, 2015

Spiritual Fitness. Defence Institute of Psychological Research, New Delhi. March 12, 2015

An Analytical Model of Research. Subject Refresher Course in Research Methodology in Agricultural Sciences. UGC Academic Staff College, AMU, Aligarh. March 10, 2015.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. March, 3, 2015.

Manuscript Writing Guidelines. Refresher Course on Research Methodology in Social Sciences. February 11, 2015.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. November, 3, 2014.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. November, 5, 2014.

Sustainable Development and Environmental Health. Subject Refresher Course in Environmental Studies. UGC Academic Staff College, AMU, Aligarh. August, 22, 2014.

Mental Health at the Individual Level. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. March July 17, 2014.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. July 2, 2014.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. July 1, 2014.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. March 26, 2014.

Spirituality in Business and Workplace. Subject Refresher Course in Business Studies. UGC Academic Staff College, AMU, Aligarh. July 8, 2013.

Mental Health at the Individual Level. Orientation Course Organized by UGC Academic Staff College, AMU, Aligarh. March 27, 2013.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. December 11, 2013.

Mental Health of Women. Subject Refresher Course in Women's Studies. UGC Academic Staff College, AMU, Aligarh., November 27, 2013.

Statistical Techniques used in Biological Sciences. Subject Refresher Course in Research Methodology in Agricultural Sciences. UGC Academic Staff College, AMU, Aligarh., November 21, 2013.

An Analytical Model of Research. Subject Refresher Course in Research Methodology in Agricultural Sciences. UGC Academic Staff College, AMU, Aligarh., November 11, 2013.

Exploratory Research Process. Research Methodology Course. Centre for Distance Education, AMU, Aligarh., November 9, 2013.

An Analytical Model of Research. Research Methodology Course. Centre for Distance Education, AMU, Aligarh., November 7, 2013.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. August 27, 2013.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh. August 24, 2013.

Dimensions of Spirituality. Subject Refresher Course in New Directions in Psychology. Organized by UGC Academic Staff College, Kumaun University, Almora. August 19, 2013.

Spiritual Counselling. Subject Refresher Course in New Directions in Psychology. Organized by UGC Academic Staff College, Kumaun University, Almora. August 19, 2013.

Spiritual Approaches to Stress Management. Subject Refresher Course in New Directions in Psychology. Organized by UGC Academic Staff College, Kumaun University, Almora. August 20, 2013.

Spirituality in Business and Workplace. Subject Refresher Course in Business Studies. UGC Academic Staff College, AMU, Aligarh., July 22, 2013.

Ethics in Research. Subject Refresher Course in Research Methodology. Organized by UGC Academic Staff College, AMU, Aligarh. June 10, 2013.

Teacher's presentation. Subject Refresher Course in Environmental Studies. Organized by UGC Academic Staff College, AMU, Aligarh. May 15, 2013.

Teacher's presentation. Subject Refresher Course in Environmental Studies. Organized by UGC Academic Staff College, AMU, Aligarh. May 14, 2013.

Environment and Behaviour. Subject Refresher Course in Environmental Studies. Organized by UGC Academic Staff College, AMU, Aligarh. May 9, 2013.

What is Research? Subject Refresher Course in Research Methodology. Organized by UGC Academic Staff College, AMU, Aligarh. April, 2013.

Mental Health at the Individual Level. Subject Refresher Course for Doctors of J. N. Medical College. Organized by UGC Academic Staff College, AMU, Aligarh., April 4, 2013.

Enhancing Holistic Well-being of Women. Workshop on Success and Flourishing in Women organized by Women's Studies Centre, M.D. University, Rohtak. March 27, 2012.

Spiritual Counselling. Defence Institute of Psychological Research, New Delhi. March 23, 2012

Spiritual Approaches to Stress Management. Defence Institute of Psychological Research, New Delhi March 23, 2012

Characteristics of a Good Test. Training Course in Research Methodology & Computer Applications. Organized by Department of Library & Information Science, A.M.U., Aligarh in collaboration with ICSSR, New Delhi. March 22, 2012.

Spiritual Approaches to Stress Management. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh., March 21, 2012.

Spirituality and Stress Management. Workshop on Stress and Time Management. Institute For Excellence in Higher Education, Bhopal, (M.P.), March 17, 2012

Conceptualizing Spirituality. Workshop on Stress and Time Management. Institute For Excellence in Higher Education, Bhopal, (M.P.), March 17, 2012

Dynamism of Guidance and Counselling. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh , September 24, 2011

Levels of Measurement. Subject Refresher Course in Research Methodology, Organized by UGC Academic Staff College, AMU, Aligarh , August 2, 2011

Management of Health. Orientation Programme Organized by UGC Academic Staff College, AMU, Aligarh., July 29, 2011

Spirituality in Business and Workplace. Subject Refresher Course in Business Studies, Organized by UGC Academic Staff College, AMU, Aligarh., July 26, 2011.

Desirable Personality Traits of Library Personnel. Subject Refresher course for Library Science, UGC Academic Staff College, AMU, Aligarh, February 8, 2011

Spiritual values based education. Subject Refresher Course in Education Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. January 25, 2011.

Spirituality and Education. Subject Refresher Course in Education Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. January 25, 2011

Spiritual and Religious traditions in business. Subject Refresher Course in Business Studies, Organized by UGC Academic Staff College, AMU, Aligarh. January 8, 2011.

Health: Meaning Within. National Conference on Department of Physical Health & Sport Education, AMU, Aligarh. February 14, 2010

Maintenance of Spiritual Health. Orientation Programme Organized by UGC Academic Staff College, A.M. U. Aligarh. February1, 2003.

Spiritual Exercise. Subject Refresher Course in Psychology, Organized by UGC Academic Staff College, Himachal Pradesh University, Shimla. November 26, 2002.

Spiritual Psychotherapy. Subject Refresher Course in Psychology, Organized by UGC Academic Staff College, Himachal Pradesh University, Shimla. November 25, 2002

Indian Psychology. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. September 17., 2011

Spirituality –An integrated Field of Psychology. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. September 17, 2011

Rehabilitation Counselling. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. September 16, 2011

Dimensions of QOL. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. September 16, 2011

Quality of Life. Orientation Program Organized by UGC Academic Staff College, A.M. U. Aligarh. June, 2002

Human Problem in Organizations. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Saurashtra University, Rajkot. March 1, 2002

Quality of Work Life. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Saurashtra University, Rajkot. February, 28, 2002

Personality Theories in the Organizational Context. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Panjab University, Chandigarh. January, 2002

Spiritual Counselling. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Panjab University, Chandigarh. January, 2002

Spirituality: Toward the positive psychology. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Panjab University, Chandigarh. January, 2002

Recent trends in Psychology in India. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur. December, 2001

Vedantic view of Mental Well-being. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur December, 2001

Spirituality in the Indian context. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, J. N. V., University, Jodhpur December, 2001

Spirituality and Well-being. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Lucknow University, Lucknow. September, 2001

Managing Stress at Workplace. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Lucknow University, Lucknow. September, 2001

Counseling with Parents of the Disabled Children. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Saurashtra University, Rajkot November, 2001.

Rehabilitation Counseling for the Elderly People. Subject Refresher Course in Psychology Organized by UGC Academic Staff College, Saurashtra University, Rajkot November, 2000.

Keynote/Valedictory Address, Extension Lecture and Extra Mural Lectures

- 1. Transformation of Behaviour Through Islamic Practices.** Keynote Speech in the Virtual International Conference on Islamic Studies Today. Rethinking Islam and Muslim Societies in the Contemporary World. Organized by State

Islamic University of Walisongo (UIN Walisongo) Semarang, November 19, 2020.

2. **Mental Health and Well-Being.** Extra Mural Lectures delivered in the Centre of Continuing and Adult Education and Extension, A.M.U., Aligarh, August 07, 2019.
3. **Stress Management: Psychospiritual Strategies.** Keynote address delivered in the IV International Symposium on Activization of Mental Resources of Personality: Theory and Practice. Baltic International Academy, July 6th – 7th, 2017, Latvia, Riga.
4. **Approaches to Spiritual Assessment and Coping with Depression.** Keynote address delivered in the National Conference on Depression: Holistic & Integrated Approach and its Management. Organized by Tahaffuzi wa Samaji Tib (Preventive and Social Medicine), Faculty of Unani Medicine, Ajmal Khan Tibbya College, Aligarh Muslim University, Aligarh 7th April, 2017.
5. **Holistic Spirituality as the Resource to Foster the Relationship between Self and Others.** Special Lecture delivered in the National Seminar on Changing Perspectives on the Relationship Between Individuals and Society. Organized by the Department of Psychology, Barkatullah University, Bhopal (M.P), 30-31 January & 1st February, 2017.
6. **Relevance of Spirituality in Human Existence and Happiness.** Valedictory Address delivered in the Ist Asia Pacific Conference of Rajasthan Psychology Academy. Department of Psychology, University of Rajasthan, Jaipur, March 2, 2016.
7. **Stress Management: Psychospiritual Strategies.** Extra Mural Lecture delivered in the Department of Physical Education, A.M.U., Aligarh. February 17, 2016.
8. **Spiritual Fitness for Sportspersons.** Extra Mural Lecture delivered in the Department of Physical Education, A.M.U., Aligarh. February 17, 2016.
9. **A Proposed Model of Excellence.** 3rd World Congress on Excellence, Panjab University, Chandigarh. October 20, 2015.
10. **Spiritual Fitness in Sportspersons.** Extra Mural Lecture delivered in the Department of Physical Education, Aligarh Muslim University, Aligarh. March 16, 2015.
11. **Spiritual Consciousness: The Ultimate Growth.** Keynote address delivered in the National Seminar on Brain, Mind and Consciousness Organized by the Department of Psychology, Dayalbagh Educational Institute, Dayalbagh, Agra. August 2, 2014.

12. **Dimensions of Spirituality.** Department of Psychology, Dayalbagh Educational Institute, Dayalbagh, Agra. January 11, 2014.
13. **Spiritual Approaches to Stress Management.** Department of Psychology, Dayalbagh Educational Institute, Dayalbagh, Agra. January 11, 2014.
14. **Spirituality and Well-being.** Amity Institute of Behavioural and Allied Sciences, Amity University Haryana, Gurgaon. March 24, 2012.
15. **Spirituality and Counselling – An Integrated Approach .**Inter-disciplinary National Seminar on Positive Living: Current Trends and Applications. Gauhati University. November 2, 2011
16. **Spirituality and Positive Behaviour.** Second International Conference on Positivism: Success, Satisfaction and Bliss, August 7, 2011
17. **Spiritual Approaches to Stress Management.** Orientation Program Organized by UGC Academic Staff College, AMU, Aligarh. October 25, 2010
18. **Maintenance of Spiritual Health Through Self-care Interventions.** AMITY University Rajasthan, Jaipur., August 6, 2010
19. **Psychological Assessment for Military Services.** J.N.V. University, Jodhpur., October, 1998
20. **Professional Activities of Clinical Psychologists,** T.T.T.I., Chennai., December, 1997
21. **Managing Executive’s Health and Stress.** Roorkee University, February, 1992

Invited Lecture/Talk

1, Contribution of Aligarh Muslim University in the Field of Psychology. AMU Centenary International Webinar Organized by the Sir Syed Academy, December 7-8, 2020.

2. Islamic Counselling for the Prevention and Management of Coronavirus Pandemic. The 2nd International Intensive Course on Islamic Psychology. Department of Psychology, Islamic University of Indonesia, November 14, 2020.

3. *Satya (Truth), Ahimsa (Non-Violence) and Tapas (Self-suffering): The Three Spiritual Virtues Linked to Satyagraha.* Webinar on Philosophy of Gandhi. Centre for Distance Education, A.M.U., Aligarh. October 9, 2020.

4. Transformation of Behaviour through Spiritual Practices. Chai Pe Chat in Mind Spa Initiative. Web Series Happy Healthy and Successful Being: Conscious and Sub-Conscious Techniques. AMITY University, Lucknow. September 29, 2020

5. Lectures on Islamic Counselling in the International Course on Islamic Psychology: From Knowledge and Research to Practices. Faculty of Psychology and Social Cultural Sciences, Universitas Islam Indonesia, December 16th, 2019.

6. Psychology Students Colloquium: Horizons of Islamic Psychology. Faculty of Psychology and Social Cultural Sciences, Universitas Islam Indonesia, December 17th, 2019.

7. Stress Management. Zakir Husain College of Engineering & Technology, A.M.U., Aligarh. Induction Programme Session 2019-20, August 02, 2019.

8. Basic Counselling Skills for Teachers or Helpers. Workshop on Counselling Skills for Teachers. Z. H. College of Engineering & Technology, A.M.U., Aligarh. March 30, 2019.

9. Scientific Methodology in Research. Workshop on Research Method and Data Analysis using Software Packages. Organized by Library and Information Science. A.M.U., Aligarh, March 02, 2019.

10. An Analytical Model of Research. National Workshop on Research Methodology. Organized by Coaching and Guidance Cell and UGC HRD Centre A.M.U., Aligarh, February 24, 2018.

11. Scientific Research Methodology. National Workshop on Research Methodology. Organized by Coaching and Guidance Cell and UGC HRD Centre A.M.U., Aligarh, February 24, 2018.

12. NAFSIAT: An Analytical Model Based on Quranic Concepts. Orientation Programme on Research Methodology: Islamic Perspective. Organized by Faculty of Social Sciences, A.M.U., Aligarh and Institute of Objective Studies, New Delhi. February 02, 2018.

13. ADHYATMIKTA: Indigenous Interpretation. Two Day International Conference on Soul in Symphony: Spiritual and Pragmatic Aspects of Happiness.

Organized by MCM DAV College for Women, Chandigarh (U.T.), January 29-30, 2018.

14. Islamic Psychology: Brief History and Definitions. Two Day International Conference on Islamic Psychology: Nature, Methods and Applications. Organized by Centre for Study and Research, Hyderabad and Indian Council on Islamic Perspective in Psychology, November 25-26, 2017.

15. Chronic and Fatal Illness: Issues and Challenges. 3rd International Conference of Indian Academy of Health Psychology. Organized by Department of Psychology, National Post Graduate College, Lucknow, November 12-14, 2017.

16. Islamic Psychology. One Day Orientation Program on Islamic Psychology. Organized by Centre for Study and Research, Hyderabad and Indian Council on Islamic Perspective in Psychology, 6th August, 2017.

17. An Analytical Model of Research. Capacity Building Programme, Sponsored by ICSSR, New Delhi. Organized by the Department of Psychology, J.N.V. University, Jodhpur, March 28, 2017.

18. A New Approach to Defining Applied Spirituality. Capacity Building Programme, Sponsored by ICSSR, New Delhi. Organized by the Department of Psychology, J.N.V. University, Jodhpur, March 28, 2017.

19. Islamic Spiritual Practices as the Forms of Divine Therapy. International Conference on Health and Well-being: An Interdisciplinary Inquiry. Department of Psychology, Jamia Millia Islamia, New Delhi. 22-23 March 2017.

20. Towards Introducing the aspect of Heart as a Dimension of Spiritual Health. 2nd International Conference of Indian Academy of Health Psychology. Organized by Department of Psychology and Mental Health, Gautam Buddha University, Greater Noida, Gautam Buddha Nagar, December 16-18, 2016.

21. Non-violence in the Qur'an: The Message for Masses. First National Conference organized by Indian Council on Islamic Perspective in Psychology and Centre for Study and Research, New Delhi November 14, 2016.

22. Enhancing Strength for Holistic Health. 3rd International Conference on Human Behaviour and Development Issues: Growth and Sustainability. AMITY University, Lucknow Campus, Amity Institute of Behavioural and Allied Sciences. October 20-21, 2016.

23. An Analytical Model of Research. Lecture delivered in the Workshop on Research Methodology organized by Coaching and Guidance Cell, Sir Syed Hall (South) in collaboration with the Department of Physical Education. Training and Placement Office (General), A.M.U., Aligarh. May 24, 2016.

24. Human Existence and Well-being. National Conference on Social Harmony and Well-being. Sri Aurobindo College, New Delhi. March 18, 2016.

25. Happiness and Well-being. International Conference on Psychosocial Perspectives on Health and Well-being. Department of Psychology, Jamia Millia Islamia, New Delhi. March 2, 2016.

26. Role of Spirituality in Human Existence and Happiness. Ist Asia Pacific Conference of Rajasthan Psychology Academy on Pursuit of Happiness: A Journey to Healthy Living. Organized by Department of Psychology, University of Rajasthan, Jaipur, March 1-2, 2016.

27. Spiritual Practices to Attain a State of Bliss. 25th Silver Jubilee Convention of National Academy of Psychology (NAOP), India organized by the Department of Psychology and Centre of Behavioural & Cognitive Sciences (CBCS), University of Allahabad, Allahabad, February 2-5, 2016.

28. Holistic Health and Maintenance of Spiritual Health. 1st International Conference of Indian Academy of Health Psychology. Organized by Department of Psychology, University of Jammu, Jammu, December 6-8, 2015.

29. Externalizing and Internalizing Behavioural Problems of Adolescents. National Seminar on Deviant Behaviour and Criminal Offence: A psychological Overview. Department of Psychology, Mahila Mahavidyalaya Kanpur, March 22, 2015.

30. A New Approach to Defining Applied Spirituality. 50th National and International Conference of the Indian Academy of Applied Psychology held at Sri Padmavathi Women's Degree & PG College, Tirupati. January 25, 2015.

31. Dimensions of Capacity Building for Teachers. Workshop on Capacity Building, Department of Commerce, A.M.U., Aligarh. September, 12, 2014.

32. Spirituality: The Essential Feature of Humanity. National Conference on Sri Aurobindo College, New Delhi. March 22, 2014.

33. Stress Management. D. S. Degree College, Aligarh. 10th March, 2014.

34. Mental Health. D. S. Degree College, Aligarh. 6th March, 2014.

35. Spiritual Counseling. 49th National and 18th International Conference of the Indian Academy of Applied Psychology, GLS College of Arts and Commerce, Ahmedabad, Gujrat. March 2, 2014

36. Spiritual Counseling. Training programme in counseling for Senior Army officers, Defence Institute of Psychological Research, Delhi. 16th December, 2013.

37. Spiritual Approaches to Stress Management. Training programme in counseling for Senior Army officers, Defence Institute of Psychological Research, Delhi. 16th December, 2013.

38. **SPIRITUALITY: A Right Path to Knowledge and Practice.** 2nd National Conference of Indian Association of Positive Psychology on Dimensions and Perspectives of Positive Psychology at Maniben Nanavati Women's College, Mumbai. 6th to 8th December, 2013.
39. **Spiritual Chaplaincy: Opportunities for Indian Muslims.** National Seminar on Professionalization of Education: Problems and Opportunities for Indian Muslims. Organized by Centre for Promotion of Educational and Cultural Advancement of Muslims of India (CEPECAMI), Aligarh Muslim University, Aligarh. December 1, 2013.
40. Participated in the Round Table Discussion on **Islamic Social Sciences** held at India International Centre, New Delhi, August 25, 2013.
41. **Islamic Psychology.** Jamat-e- Islami Hind, New Delhi, July 4, 2013.
42. **Spiritual Counseling.** Training programme in counseling for Senior Army officers, Defence Institute of Psychological Research, Delhi. 17 May, 2013.
43. **Dimensions of Spirituality.** Training programme in counseling for Senior Army officers, Defence Institute of Psychological Research, Delhi. 17 May, 2013.
44. **Status of Child's Health, Nutrition and Education: Issues and Challenges on Protection of Child.** International Conference. Department of Psychology, Pondicherry University and Sri Balaji Vidyapeeth University, Puducherry. January 18-20, 2013.
45. **Role of Spiritual Support in Enhancing Well-being of Patients.** 2nd International Forum. King Fahad Medical City Riyadh, Saudi Arabia. January 1-3, 2013.
46. **Spiritual-Support Counseling Model.** National Conference of Indian Association of Positive Psychology, Kashi Vidyapeeth, Varanasi. December 24-26, 2012
47. **Spiritual Counseling.** Training programme in counseling for Senior Army officers, DIPR, New Delhi. December 4, 2012.
48. **Spiritual Psychology on the Applied Side.** Orientation Program of Research Scholars Organized by Centre For Study and Research Jamat-e-Islami Hind, New Delhi. April 24, 2012.
49. **Spiritual Counselling.** M.L.B., College, Bhopal, March 17, 2012
50. **Spirituality and Well-being.** International Conference of Applied Psychology. Panjab University, Chandigarh., February 24-25, 2012.

51. **Spirituality and Well-being.** National Conference on Mental Health & Well-Being: Recent Trends & Interventions. Agra College, Agra., February 6-7, 2012
52. **Spirituality: The Link between knowledge and practice.** National P.G. College, Lucknow, September 26, 2011.
53. **Spiritual approaches to stress management.** Training programme in counseling for Senior Army officers, DIPR New Delhi. March 30, 2011
54. **Spiritual Counseling.** Training programme in counseling for Senior Army officers, DIPR New Delhi., March 30, 2011.
55. **Maintenance of Spiritual Health.** Department of Community Medicine, JNMCH, AMU, Aligarh., March 24, 2011.
56. **Integrating spirituality into practice.** Department of Community Medicine, JNMCH, AMU, Aligarh., March 24, 2011
57. **Relevance of spirituality in postmodernism.** International Seminar on Postmodernism: Dimensions and Challenges, Shri Varshney College, Aligarh., March 6, 2011
58. **Personality development of youth.** Govt. Degree College, Bilaspur, Rampur., March 5, 2011
59. **Spiritual Approaches to Stress Management.** Orientation Program Organized by UGC Academic Staff College, AMU, Aligarh. October 25, 2010.
60. **Spirituality: Concepts and Definitions.** Department of Psychology and Parapsychology, Andhra University, Vishakhapatnam., February 20, 2010
61. **Spirituality: A new doorway to sports world.** AMU, Aligarh., February 10, 2011
62. **Behavioural approaches for enhancing athletes' performance.** AMU, Aligarh, February 06, 2011
63. **Spiritual Psychology – Trends and Directions.** Department of Psychology, BLJS College, Tosham (Haryana). January 23, 2010
64. **Spiritual Psychology – An Interdisciplinary Field.** University of Malaya, Kuala Lumpur. March 27, 2008.
65. **Workplace Counselling.** Department of Psychology, M.D. University, Rohtak. March 17, 2005.

66. **Spiritual Counselling.** Department of Psychology, M.D. University, Rohtak. March 17, 2005.
67. **Managing Stress through Emotional Factors.** Department of Psychology, Lucknow University. March 29, 2003
68. **Social Dimensions of Stress Management.** Department of Psychology, Lucknow University. March 29, 2003
69. **Role of Behavioural Factors in the Management of Stress.** Department of Psychology, Lucknow University, Lucknow. March 28, 2003
70. **Religious and Spiritual Approaches to stress Management.** Department of Psychology, Lucknow University, Lucknow. March 28, 2003
71. **Techniques of test development.** St. Johns College, Agra. February 17, 2003
72. **Scaling Techniques.** St. Johns College, Agra. February 17, 2003
73. **Cultivating the Field of Psychology in Indian Perspective.** Karnataka University, Dharwad , March 12-13, 2001
74. **Behavioural Approaches for the Prevention and Reduction of Stress.** Training programme in counseling for Senior Army officers, DIPR., New Delhi., March 12-13, 2001
75. **Stress Management.** HIRD, Karnal, November, 25, 1998

BOOK REVIEWS

1. Psychology of Individual Differences By Rajbir Singh, Nov Rattan Sharma and Amrita Yadav (Eds.), Delhi: Wisdom Publications, Journal of The Indian Academy of Applied Psychology, 2005, 31,
2. Management of occupational stress: Theories and Practice by Prof. A.K. Srivastava, New Delhi: Gyan Publishing House. Indian Journal of Clinical Psychology 2001, 28, 264-265.

3. Personality Across cultures (2000). Edited by Prof. Jitendra Mohan, New Delhi: Oxford University Press. Social Sciences Research Journal, 2001, 9, 172-174.
4. Creativity and Research in Indian context by Dr. (Mrs.) Janak Verma. Gurgaon: The Academic Press, 1990. Journal of Community Guidance and Research, 1998, 15, 228.

RESEARCH PROJECTS COMPLETED

	Title of the project	Name of the Funding Agency	Duration
1.	Identifying Spiritual Values based on the Quranic concepts among Muslim Adolescents of Malaysia	IPPP, University of Malaya, Kuala Lumpur, MALAYSIA	1 year 2006-07
2.	Identifying Factors of Alienation and Individual Values in the People of Kashmir	DIPR, R & D Organization New Delhi, INDIA	2 years 2001-03
3.	Identifying Stress Sources, effects and coping Behaviour among Hockey Players.	A.M.U., Aligarh, INDIA	1 year 1996-97
4.	Financial satisfaction and Attitude Towards life as Indicators for the Economic and Psychological well-being of the Elderly.	A.M.U., Aligarh, INDIA	2 years 1990-92

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Title of Contribution: Contribution of Maulana Ashraf Ali Thanvi in the field of Psychopathology and Psychotherapy. 2009.

Author: Professor Akbar Husain

Title of Work: Religious Systems on India (Islam)

Editor: Professor Mohammad Rafique

Honorary Positions Held in Indian and Malaysian Universities

1. Member, Board of Studies, SRM University, Hyderabad.
2. Member, Board of Studies, K. R. Manglam University, Gurugram (Haryana)
3. Member of Finance Committee AMU w.e.f. 07-04-2020 till 25-06-2020
4. Nominee of the Executive Council (No. BGSBU/Estab/20/125, Dated: 06-02-2020) Baba Ghulam Shah Badshah University, Rajouri (J & K)
5. Member of the Executive Council (October 22, 2019 till June 25, 2020)
6. AMU Court Member in the Capacity of the Dean, Faculty of Social Sciences (2018-2020).
7. Faculty Member, Faculty of Social Sciences, Jamia Millia Islamia, New Delhi (2016-2018).
8. External Examiner for the Evaluation of Ph.D. Thesis, Faculty of Education, Universiti Malaya, Malaysia.
9. Member Expert Committee to frame Model Syllabus for Psychology, University Grants Commission, New Delhi.
10. External Examiner for the Evaluation of Ph.D. Thesis, School of Graduate Studies, Universiti Putra Malaysia, Malaysia.
11. Member, Institutional Ethics Review Board, A.M.U., Aligarh.
12. Member, Board of Studies, Department of Psychology, Jamia Millia Islamia, New Delhi (2014-2016)
13. Member, Board of Studies in Psychology, Galgotias University, Noida. (2015-
14. Member, Research Degree Committee, M.D. University, Rohtak.
15. Member, Board of Studies in Psychology, Bharathiar University, Coimbatore.
16. Member, Research Degree Committee, Dayalbagh Educational Institute, Agra.
17. Member, Curriculum Committee of the Department of Psychology, AMU
18. Member, Research Committee of the Department of Psychology, AMU
19. Member, Board of Management of the Centre for Distance Education, Aligarh Muslim University, Aligarh (2012-2014, 2014-2016).
20. Member, Academic Council, Aligarh Muslim University, Aligarh (2010-2012)
21. Member, Undergraduate and Postgraduate Programme, Faculty of Education, University of Malaya, Kuala Lumpur, Malaysia. (2006-2009)

22. Member, Board of Studies, Department of Psychology, Banaras Hindu University, Varanasi.
23. Member, Board of Studies in Psychology, Mahatma Gandhi Kashi Vidyapith, Varanasi.
24. Member, Board of Studies in Psychology, Punjabi University Patiala.
25. Associate Secretary, Indian Academy of Applied Psychology, Chennai (1999- 2002).
26. Member, Academic Council, Aligarh Muslim University, Aligarh (1995-1997).
27. Member, Academic Council, Aligarh Muslim University, Aligarh (1987-89).
28. Regional President, Indian Academy of Applied Psychology, Chennai (1994-1998).
29. Regional Convenor, Indian Academy of Applied Psychology, Chennai (1992-1993).
30. Council Member, Indian Academy of Applied Psychology, Chennai (1988-1989, 1989- 1990, 1990-1991).
31. UGC Expert Member. Curriculum Development Committee in Psychology, Committee on Model Courses in Psychology. 2016.
32. External Member. Committee of Studies of the Dr. K.R. Narayanan Centre for Dalit & Minorities Studies, New Delhi. 2018-2021.

MEMBERSHIP OF INTERNATIONAL AND NATIONAL ASSOCIATIONS AND JOURNALS

1. Member, Society for the Psychology of Religion and Spirituality (Division 36 of American Psychological Association) 2019
2. Indian Council on Islamic Perspective in Psychology, New Delhi. Chief Patron
3. International Board of the International Transpersonal Association, Founding Member, USA. (2010)
4. Nyenrode Spirituality in Business Community, Netherlands, Membership offered.
5. Indian Science Congress Association, Kolkota, Life member.
6. Indian Academy of Applied Psychology, Chennai, Life Member.
7. PRAACHI-Psychocultural Research Association Meerut, Life Member.
8. Association of Stress Research and Management, Vadodra, Life Member.
9. Journal of the Community Guidance and Research, Annamalainagar, Life Member.

10. DEI Research Journal of Education and Psychology, Dayalbagh, Agra, Life Member.
11. Indian Academy of Health Psychology, Varanasi, Life Member

HONOURS / AWARDS RECEIVED

1. **Sir Syed Innovation Award 2018 Outstanding Researcher of the Year** of Rs. 1,00,000/ (One Lac) Office Memo No. Acad./D1476/AF, Dated: 12-10-2018.
2. **Prof. Manju Thakur Memorial Award 2016** for the Innovative Contribution in Test Construction published during the year 2015. *Spiritual Values Scale*. Agra: National Psychological Corporation, 2015. 51st National & 20th International Conference of Indian Academy of Applied Psychology held at Bangalore University 6-8 May, 2016.
3. **Prof. Manju Thakur Memorial Award 2015** for the Innovative Contribution in Book Publication: **Applied Spirituality: Theory, Research and Practice**. New Delhi: Global Vision Publishing House, ISBN: 978-81-8220- 632-8. 50th National & 19th International Conference of Indian Academy of Applied Psychology held at **Sri Padmavathi Women's Degree and PG College, Tirupati 23-25 January, 2015**.
4. Best Paper Award – **Yoga Therapy: Techniques and Benefits**. 47th National & 16th International Conference of the Indian Academy of Applied Psychology, Toc H Institute of Science & Technology, Ernakulam District, Kerala. June 15-17, 2012.
5. Khan, A. & Husain, A. (2010). **Social support and educational encouragement as the moderators of positive psychological strengths and subjective well-being**. *Psychological Reports*, 106(2), 534-538. ISSN: 0033-2941. Best Paper Award
6. Scholarship grant received from the **International Association of Applied Psychology** to attend and present the papers in the 24th International Congress of Applied Psychology, held at Singapore, 2002.
7. **Saroj Aurora Veteran PRAACHI Behavioral Scientists Award**, 2002.
8. Best Paper Award – **Spiritual principle of the Unity of All Being for the World Peace**. 6th International, 37th Indian Academy of Applied Psychology and 3rd Pondicherry Psychological Association, Pondicherry, 2002.
9. **Prof. N. S. Chauhan Memorial Lecture Award**, PRAACHI-Psycho-cultural Research Association, 2001.

10. Scholarship grant received from the **International Association of Applied Psychology** to attend and present the papers in the 24th International Congress of Applied Psychology, held at San Francisco, August, 1998.

EDITORSHIP OF THE JOURNALS AND BOOKS

1. Journal of the Indian Academy of Applied Psychology, 2002-2005
ISSN 0019-4247
2. Journal of Educational Research, University of Malaya, Jilid 31, 2009.
3. Consulting Editor, Pearson Education, Inc.
4. Consulting Editor, Stress Management Professional – An International Journal. ISSN 2347-91

PSYCHOLOGICAL TESTS STANDARDIZED

1. Husain, A., Khan, S. M., & Khan, A. Manual Prayer Scale. New Delhi: Prasad Psycho Corporation, 2019
2. Gull, M., & Husain, A. Religious Coping Scale. New Delhi: Psychomatrix, 2019.

3. Gull, M., & Husain, A. Mental Health Scale. New Delhi: Prasad Psycho Corporation, 2019.
4. Khan, S., & Husain, A. Alienation Scale. New Delhi: Prasad Psycho Corporation, 2018.
5. Kirmani, M. N., & Husain, A. Happiness Scale. New Delhi: Manas Psycho Home, 2018.
6. Qayoom, S., & Husain, A. Spiritual Health Scale. New Delhi: Manas Psycho Home, 2018.
7. Husain, A., & Anas, M. Spiritual Personality Inventory-Revised. Agra: Agra Psychological Research Cell, 2018.
8. Khatoon, F. Husain, A., & Khan, S. M. Spiritual Distress Scale. New Delhi: Prasad Psycho Corporation, 2017.
9. Khatoon, F. Husain, A., & Khan, S. M. Spiritual Coping Scale. Agra: Agra Psychological Research Cell, 2017.
10. Husain, A., Singh, R., Khan, S. M., & Khan, S. Psychometrics and standardization of the Hindi adaptation of the daily spiritual experience scale. *Clinical and Experimental Psychology*, 2016, 2(2), 1-6.
11. Husain, A., Singh, R., & Khan, S. M. Spiritual Practices Scale (Muslims). New Delhi: Prasad Psycho Corporation, 2016.
12. Singh, R. & Husain, A. Spiritual Practices Scale (Hindus). New Delhi: Prasad Psycho Corporation, 2015.
13. Husain, A. Singh, R., & Zehra, S. Spiritual Belief Scale. New Delhi: Prasad Psycho Corporation, 2015.
14. Nazam, F., Husain, A., & Khan, S. M. Spiritual Values Scale. Agra: National Psychological Corporation, 2015.
15. Husain, A. Development of holistic health scale. *Journal of Indian Health Psychology*, 2015, 10(1), 11-17.
16. Husain, A., Zehra, S., & Jahan, M. Standardization of employees spiritual values scale (ESVS). *Indian Journal of Positive Psychology*, 2015, 6(3), 321-322.
17. Husain, A. Luqman, N., & Jahan, M. Spiritual Personality Inventory. New Delhi: Prasad Psycho Corporation, 2012.
18. Husain, A., Jahan, M., Nishat, A., Siddiqui, R.N., & Akram, M. Spirituality Attitude Scale. New Delhi: Prasad Psycho Corporation, 2011

19. Husain, A. Stress Symptoms Checklist. In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
20. Yaqub, K. & Husain, A. Coping Strategies Checklist.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
21. Husain, A. & Rizvi, T. Coping Styles Inventory.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
22. Husain, A. Rashid, T. & Jahan, M. Student's Stress Scale.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
23. Rizvi, T. & Husain, A. Traumatic Stress Inventory.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
24. Husain, A. & Ali, J. Coping Behaviour Scale.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
25. Husain, A. & Ali, J. Stress Effects Scale.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
26. Husain, A. & Ali, J. Stress Sources Scale.
In A. Husain and Khan, M. I. (Eds.) Recent Trends in Human Stress Management. New Delhi: Global Vision Publishing House. 2006
27. Parvez, N. & Husain, A. Spiritual Orientation Inventory. (2002).
28. Daga, N. & Husain, A. Women's Quality of Life Scale. (1998).
29. Singh, K. & Husain, A. Perceived Stress Effects Scale. (1998).
30. Maqbool, S. & Husain, A. Death Sensitivity Scale. (1992).

COURSES TAUGHT

Undergraduate Level

1. Applied Psychology
2. Abnormal Psychology
3. Psychology of Personality

4. Clinical Psychology
5. Psychological Testing
6. Counseling Psychology (PS319)
7. Psychological Assessment (PS-312)

Postgraduate Level

1. Therapeutic Techniques
2. Psychological Testing (PPGS 6327)
3. Counseling Techniques (PPGS 6104)
4. Instrument Design and Item Development (PPGS 6322)
5. Measurement and Evaluation in Education (PPGS6136)
6. Diagnostic Techniques (PSM-10011)
7. Psychotherapeutic Interventions (PS 10012)
8. Personality Assessment (PSM- 9013)
9. Psychotherapy: Issues and Challenges (PSM- 9012)
10. Clinical Psychology (PSM- 9011/3002)
11. Spiritual Psychology (PSM- 9014-3006)
12. Specialized Experiments
13. Field Work
14. Theoretical Foundations of Social Work
15. Health Psychology
16. Self and Spiritual Growth

Ph.D. Course

Paper I: Research Methodology: Quantitative Methods and Applications

Paper II: Specially Designed Courses

Paper II: Advances in Spiritual and Positive Psychology

Paper II: Applied Positive and Spiritual Psychology